

High Frequency Word Activity Mat: now

Find and circle the word **now**.

tow not tow
mow not mow now
not not mow
tow not tow mow
mow not
tow not
mow tow not not

Highlight the word **now** in these sentences.

It is snowing right now.

“Now eat your vegetables,” said Dad.

“I wish I was at home now,”
thought Karen.



Clap the word **now**.



Finish off the word **now**.

no___	___ow
n____	____w

Now write the full word.

Trace the word **now**.

now
now
now

Write the letters from
the word **now** inside
the boxes.

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Add the word **now** to these sentences.

“Alex is poorly _____ too!” said Ellie.

The Queen _____ has eight
great-grandchildren.

Joe is happy _____ he is with his friends.



High Frequency Word Activity Mat: off

Find and circle the word **off**.

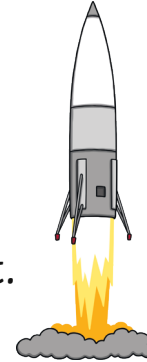
if of of
of of for
if of off
for if of
for if if
for of for
if of if

Highlight the word **off** in these sentences.

Please turn off the light.

Take your jumper off if you are warm.

The rocket lifted off at midnight.



Clap the word **off**.



Finish off the word **off**.

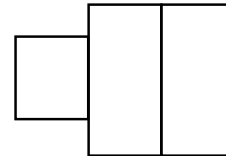
of__	__ff
o____	____f

Now write the full word.

Trace the word **off**.

off
off
off

Write the letters from the word **off** inside the boxes.

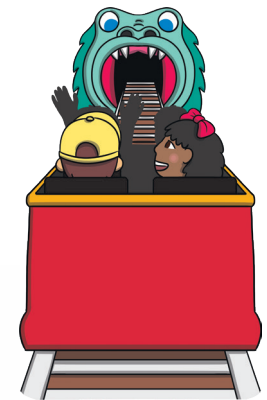


Add the word **off** to these sentences.

Phillip knocked the vase _____ the table.

I thought I was going to fall _____ the ride.

The horse ran _____ because of the storm.



High Frequency Word Activity Mat: oh

Find and circle the word **oh**.

of hop of
of oh hop of
hop of hop
hop of hop
hop of
hop of hop

Highlight the word **oh** in these sentences.



“Oh no! I’m lost!” cried Little Red.

“Oh, I never thought of that!” said Tom.

Oh, how terrible it was!

Clap the word **oh**.



Finish off the word **oh**.

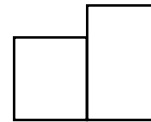
o__	__h
-----	-----

Now write the full word.

Trace the word **oh**.

oh
oh
oh

Write the letters from the word **oh** inside the boxes.



Add the word **oh** to these sentences.

“_____ , what a lovely baby!” cooed Hannah.

“_____ I’m so happy!” cried James.

“_____ no, not again!” sighed Amara.



High Frequency Word Activity Mat: old

Find and circle the word **old**.

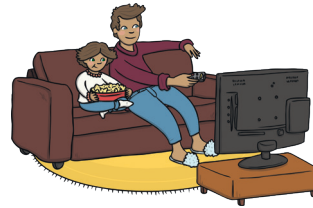
owl off odd
off owl hold
hold odd hold
old owl
hold hold odd
owl odd owl
owl odd owl

Highlight the word **old** in these sentences.

I like watching old films.

I turned nine years old last week.

The old, rickety fence
blew over in the storm.



Clap the word **old**.



Finish off the word **old**.

ol__	__ld
o____	____d

Now write the full word.

Trace the word **old**.

old
old
old

Write the letters from
the word **old** inside
the boxes.

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Add the word **old** to these sentences.

I went to an _____ friend's house yesterday.

My _____ car broke down in the rain.

Sarah kept her _____ teddy
bear in a locked cabinet.



High Frequency Word Activity Mat: on

Find and circle the word **on**.

of one of
no one of
one one of
no no of
one one no
no one no
of of one

Highlight the word **on** in these sentences.

Please turn the light **on**.

Try **on** the dress before you buy it.

The footballer's shot was **on** goal.



Clap the word **on**.



Finish off the word **on**.

o__	__n
-----	-----

Now write the full word.

Trace the word **on**.

on
on
on

Write the letters from the word **on** inside the boxes.

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Add the word **on** to these sentences.

Alana had beans _____ toast for dinner.

She has a big smile _____ her face.

Emile got paint _____ his trousers.

