

WDSS
LEARNING FROM
HOME



PACK 3
LEVEL F - 1

Enjoy!

Kangaroo

Kangaroos are mammals and marsupials that are found in every state in Australia.

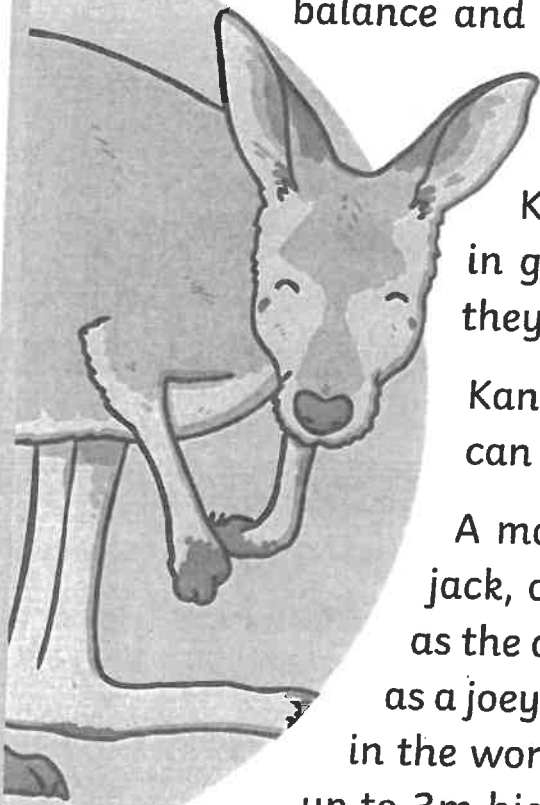


The kangaroo has large and powerful hind legs, large feet, a long muscly tail for balance and a small head. Male kangaroos can be seen boxing when competing for the attention of a female.

Kangaroos are social animals that live in groups called mobs. They are herbivores so they eat plants, leaves and different grasses.

Kangaroos can reach a weight of 90kg, and can hop at speeds of up to 60km/h.

A male kangaroo is known as a boomer, buck, jack, or old man. The female kangaroo is known as the doe, jill, or flyer. A baby kangaroo is known as a joey. The Red Kangaroo is the largest marsupial in the world. It can leap as far as 8m and can jump up to 3m high.



Did you know...?

Kangaroos cannot move backwards and adult kangaroos can live for months without drinking anything at all.



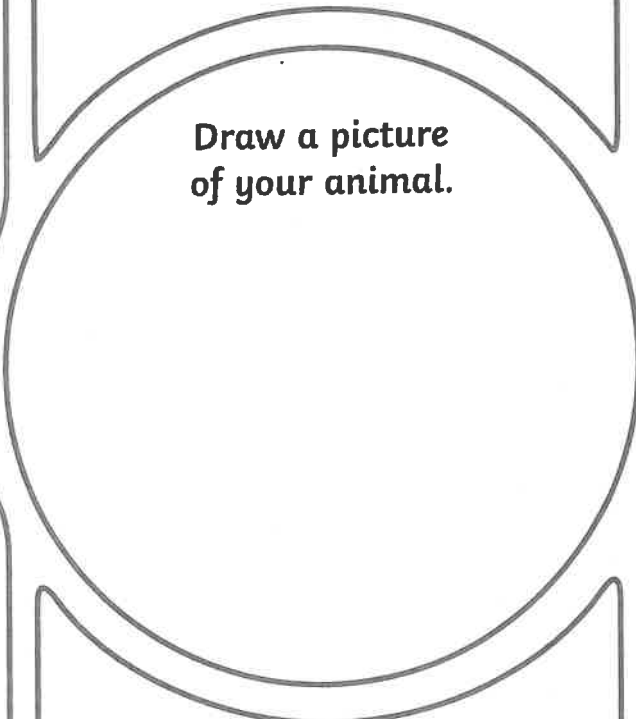
Australian Animals Kangaroo



What They Look Like

Where They Live

**Draw a picture
of your animal.**



What They Eat

Did You Know...?

Tasmanian Devil

The wild Tasmanian devil can only be found in the wild in Tasmania, Australia. The Tasmanian devil is a marsupial.



Female marsupial animals have pouches in which they carry their young. The pouch helps the Tasmanian devil mother to feed and protect newly born babies. There are four teats in the pouch, so she can look after four little devils at one time.

Tasmanian devils are mostly black, but usually have white markings on their bottom or the chest. Tasmanian devils are carnivores which means they only eat meat. They are also known to be scavengers. They eat lizards, frogs, insects and any animal meat they can find.

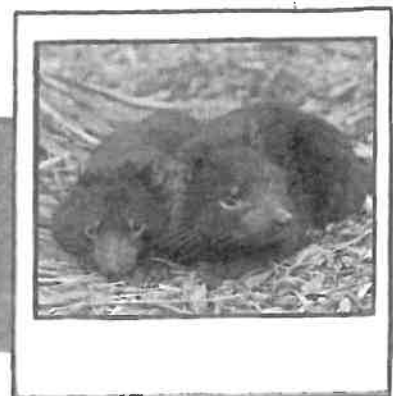
The Tasmanian devil stores fat in its tail so that it has something to draw on when there isn't a lot of food to eat. Their eyesight is better when it's dark.

They are good at spotting things that are moving, but if things are still they probably won't see it as clearly.

Male devils are usually bigger than females. They are about 30 centimetres tall and weigh up to 14kg.

Did you know...?

Devils can eat up to 40% of their body weight in a day.



Australian Animals

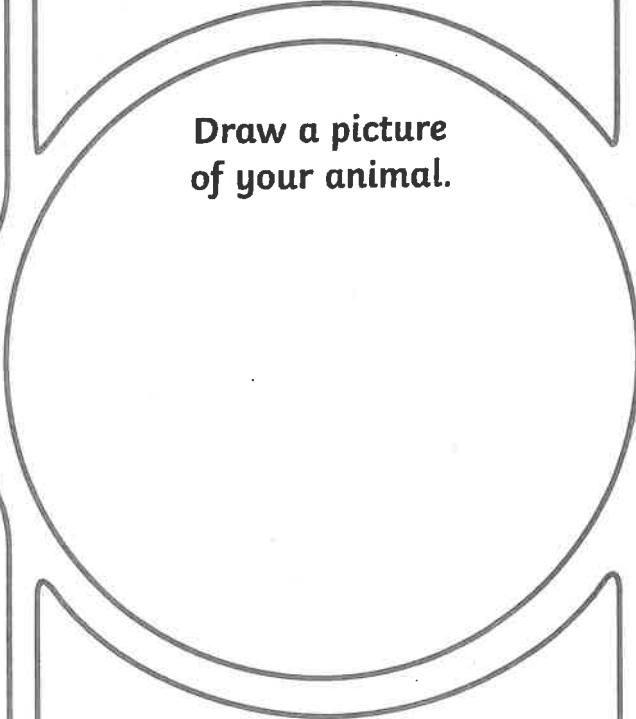
Tasmanian Devil



What They Look Like

Where They Live

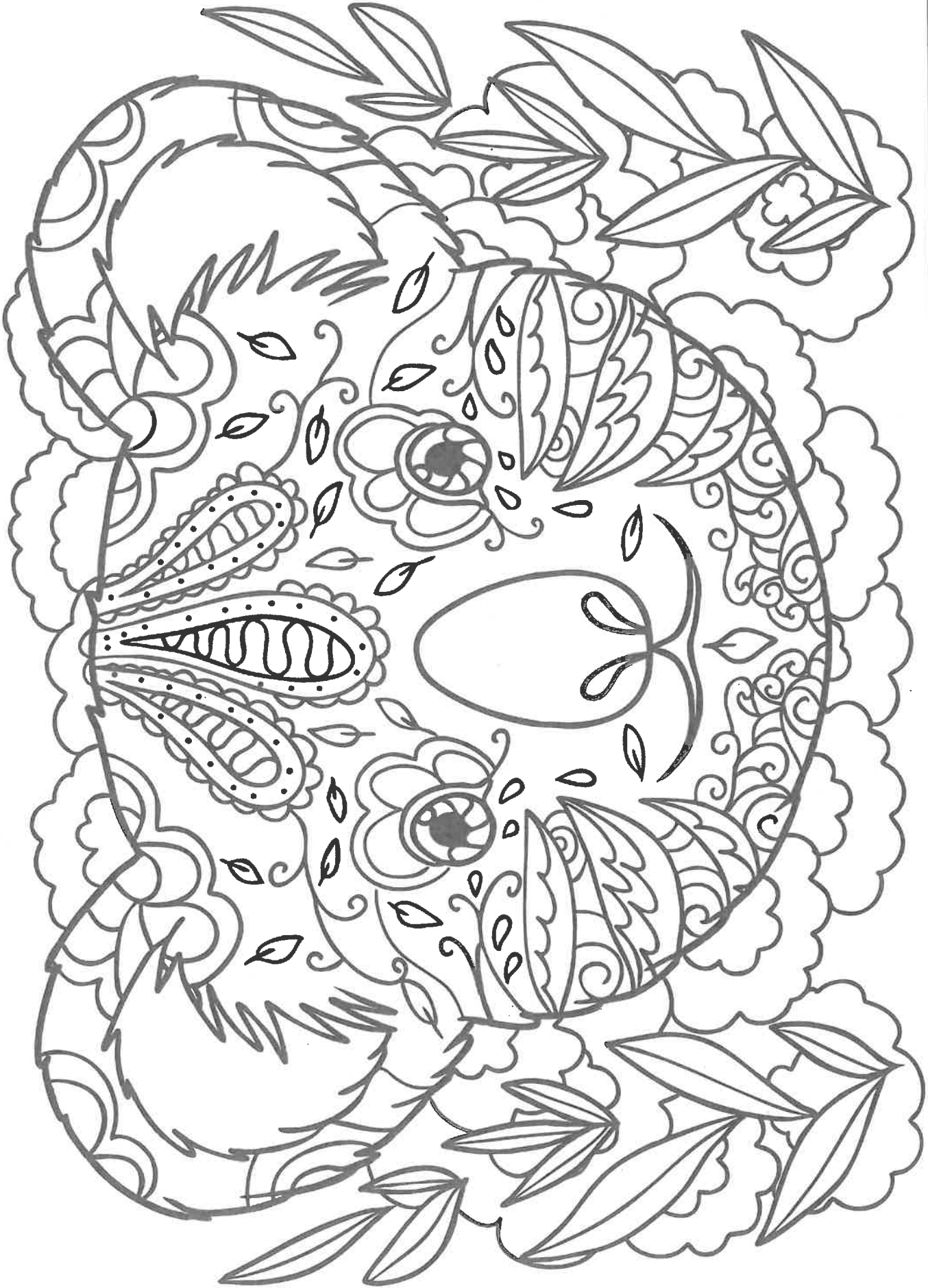
**Draw a picture
of your animal.**



What They Eat

Did You Know...?







Numbers 1-100

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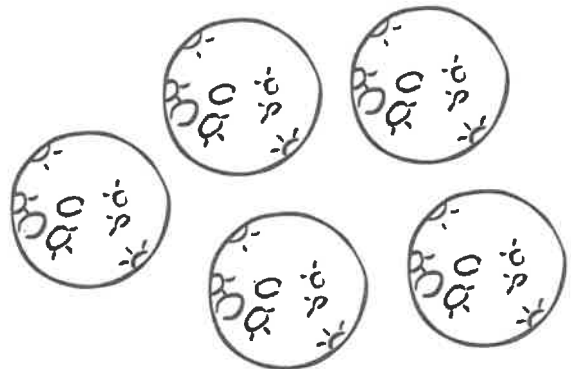
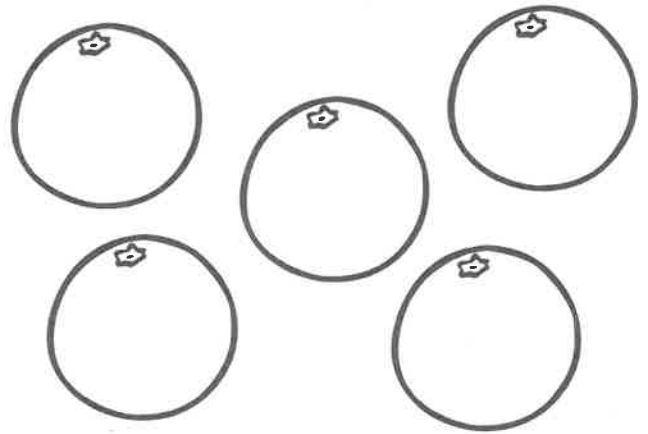
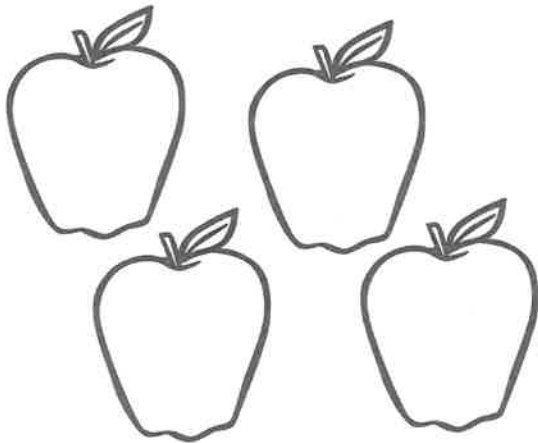
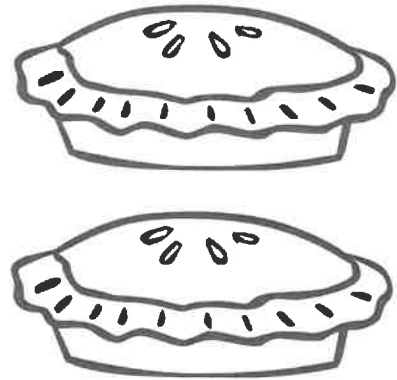
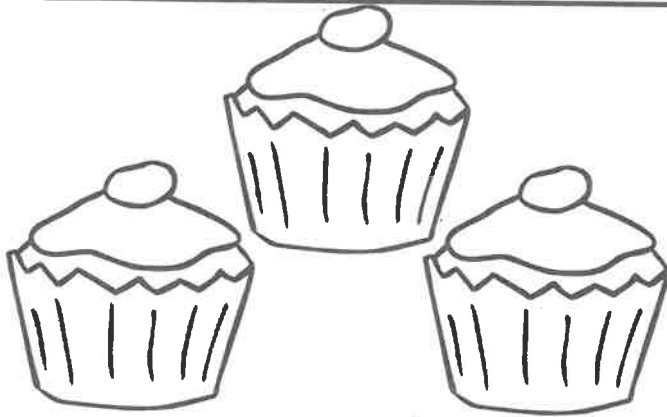
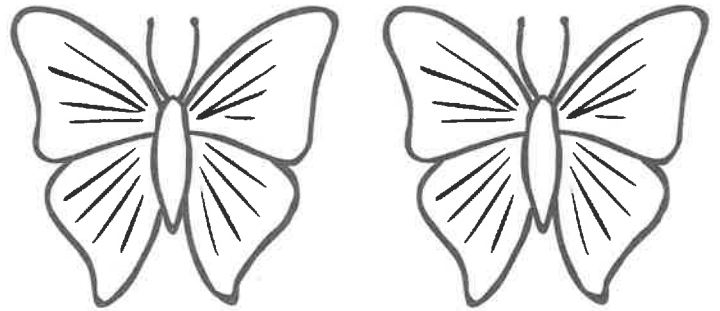
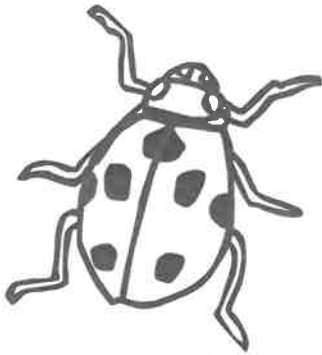
98

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100

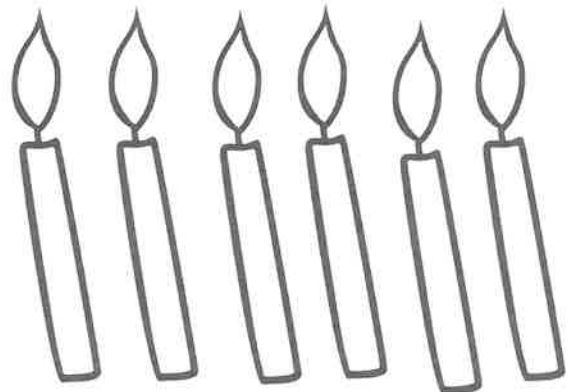
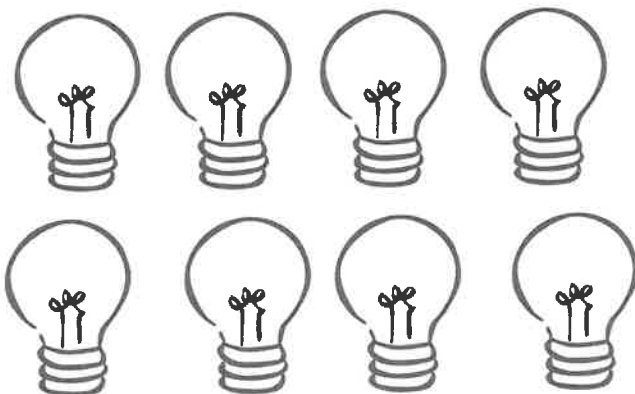
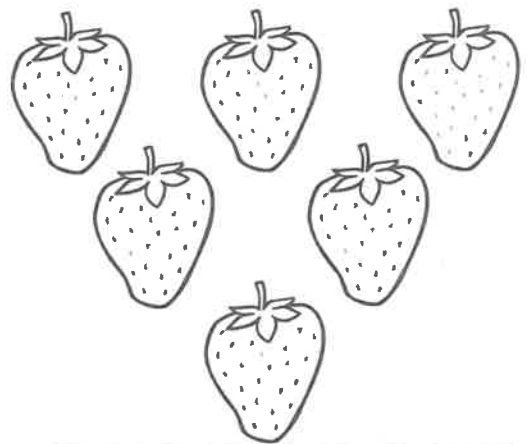
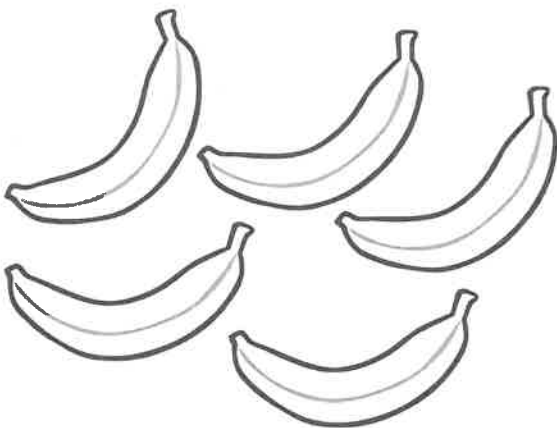
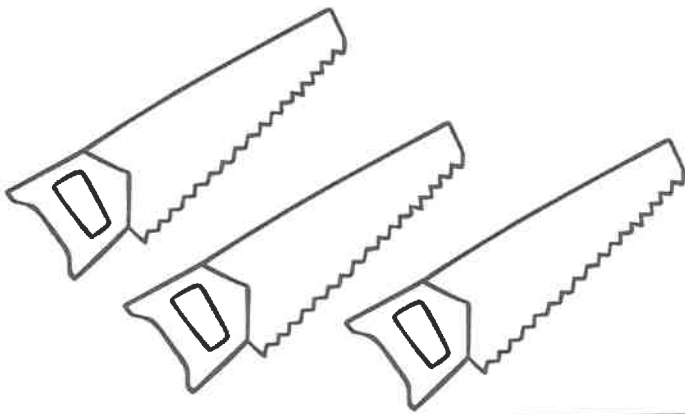
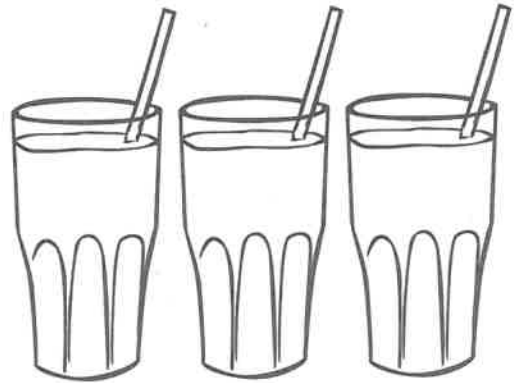
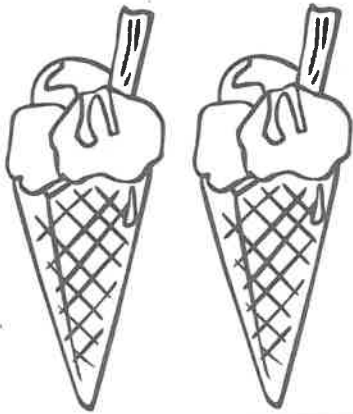
More or Less?

In each section, colour in the group that has more.



More or Less?

In each section, colour in the group that has less.



Adding and Subtracting 10 Jungle Race

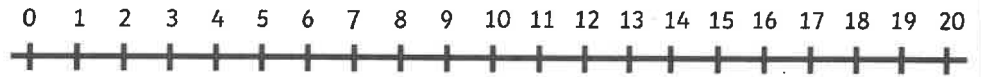
How fast can you add or subtract 10? Add 10 to the numbers in green. Subtract 10 from the numbers in orange. Write your answers as you go and see how long it takes you to get to the bananas!

The board game consists of a winding path with various numbers and operations. The path starts at a monkey labeled "START" and ends at a bunch of bananas. The path is divided into sections with numbers and operations. The numbers are: 11, 17, 12, 16, 10, 13, 4, 20, 7, 2, 18, 3, 19, 21, 25, 16, 9, 15. The operations are: +10 and -10. The path is surrounded by jungle foliage and a monkey.

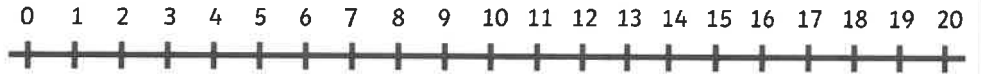


Number Line Subtraction

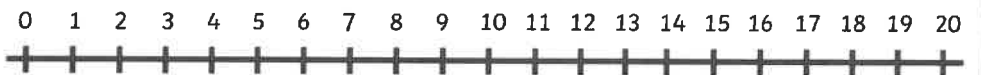
$20 - 17 =$



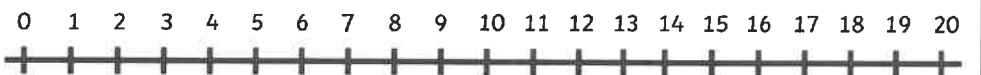
$12 - 4 =$



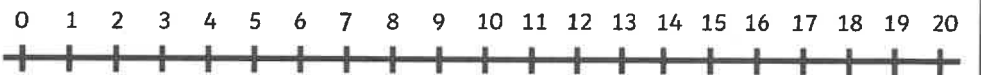
$18 - 12 =$



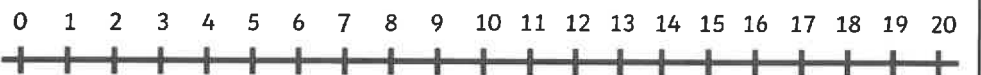
$10 - 3 =$



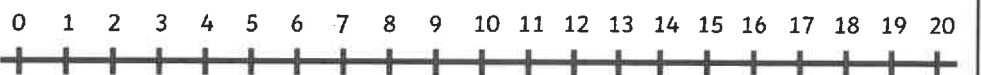
$17 - 5 =$



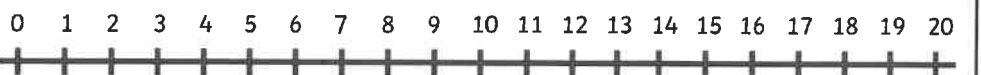
$12 - 2 =$



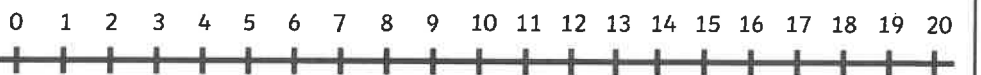
$3 - 2 =$



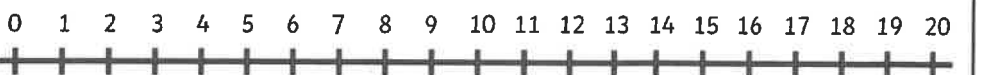
$20 - 8 =$



$15 - 3 =$



$19 - 11 =$

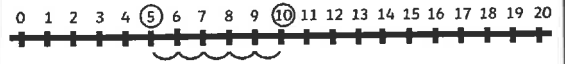




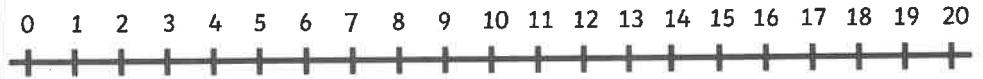
Number Line Subtraction

Example:

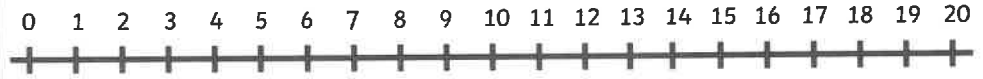
$$\underline{10} - 5 = \textcircled{5}$$



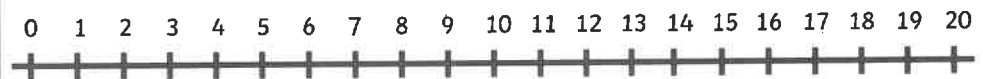
$20 - 3 =$



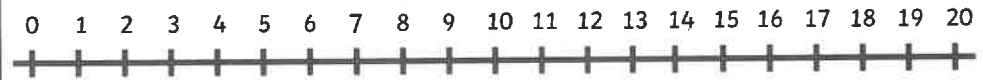
$9 - 4 =$



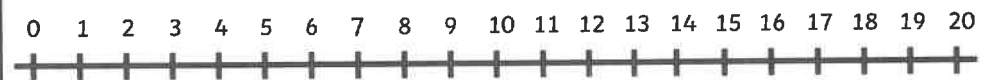
$18 - 2 =$



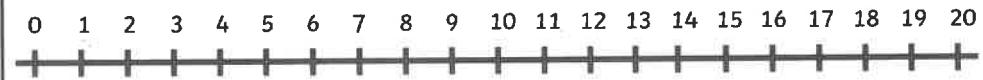
$10 - 6 =$



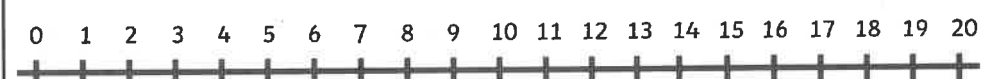
$7 - 3 =$



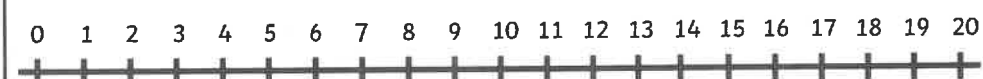
$2 - 2 =$



$3 - 1 =$



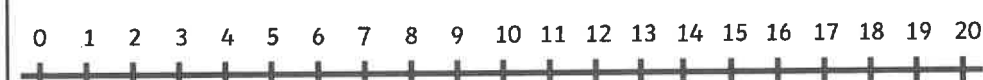
$11 - 8 =$



$15 - 3 =$



$6 - 1 =$



7 + 7 =

8 + 6 =

9 + 5 =

10 + 4 =

11 + 3 =

12 + 2 =

13 + 1 =

$$\begin{array}{|c|c|} \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \end{array} + \begin{array}{|c|c|} \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \end{array} = \square$$

$$\begin{array}{|c|c|} \hline & \circ \\ \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \end{array} + \begin{array}{|c|c|} \hline & \circ \\ \hline \circ & \circ \\ \hline \end{array} = \square$$

$$\begin{array}{|c|c|} \hline & \circ \\ \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \end{array} + \begin{array}{|c|c|} \hline & \circ \\ \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \end{array} = \square$$

$$\begin{array}{|c|c|} \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \end{array} + \begin{array}{|c|c|} \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \end{array} = \square$$

$$\begin{array}{|c|c|} \hline & \circ \\ \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \end{array} + \begin{array}{|c|c|} \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \end{array} = \square$$

$$\begin{array}{|c|c|} \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \circ & \circ \\ \hline \end{array} + \begin{array}{|c|c|} \hline \circ & \circ \\ \hline \circ & \circ \\ \hline & \circ \\ \hline \end{array} = \square$$

Number Shape Addition to 20

Use the number shapes to work out the answers to each addition question.

$$\begin{array}{|c|} \hline \bullet \\ \bullet \\ \bullet \\ \hline \end{array} + \begin{array}{|c|} \hline \bullet \\ \bullet \\ \hline \end{array} = \square$$

$$\begin{array}{|c|} \hline \bullet \\ \bullet \\ \bullet \\ \bullet \\ \bullet \\ \hline \end{array} + \begin{array}{|c|} \hline \bullet \\ \bullet \\ \bullet \\ \hline \end{array} = \square$$

$$\begin{array}{|c|} \hline \bullet \\ \bullet \\ \bullet \\ \bullet \\ \hline \end{array} + \begin{array}{|c|} \hline \bullet \\ \bullet \\ \bullet \\ \bullet \\ \hline \end{array} = \square$$

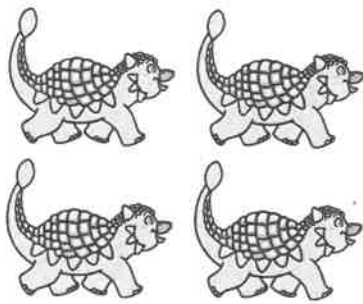
$$\begin{array}{|c|} \hline \bullet \\ \bullet \\ \bullet \\ \bullet \\ \bullet \\ \hline \end{array} + \begin{array}{|c|} \hline \bullet \\ \bullet \\ \bullet \\ \bullet \\ \hline \end{array} = \square$$


$$\begin{array}{|c|} \hline \bullet \\ \bullet \\ \bullet \\ \bullet \\ \bullet \\ \bullet \\ \hline \end{array} + \begin{array}{|c|} \hline \bullet \\ \hline \end{array} = \square$$

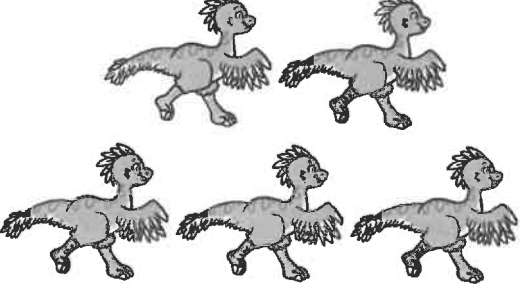
$$\begin{array}{|c|} \hline \bullet \\ \bullet \\ \bullet \\ \bullet \\ \bullet \\ \bullet \\ \bullet \\ \hline \end{array} + \begin{array}{|c|} \hline \bullet \\ \bullet \\ \hline \end{array} = \square$$

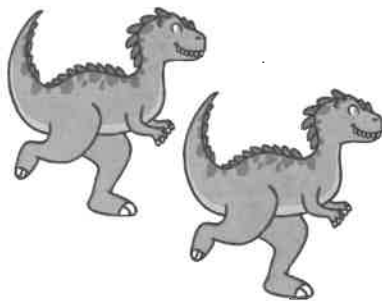

Hide-a-Saurus Addition to 10

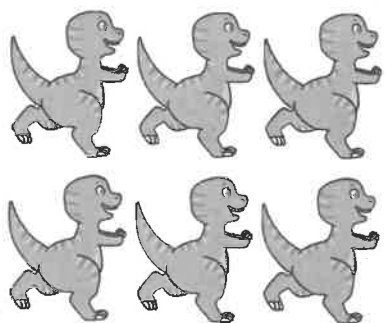
Work out the calculation and write the missing numbers in the boxes.
Then, write the number sentences on the lines below.

 $4 + \square = 8$

$\square + 3 = \square$ 

$5 + 4 = \square$ 

 $2 + 1 = \square$ 

 $6 + \square = 10$

Monster Colour by Number

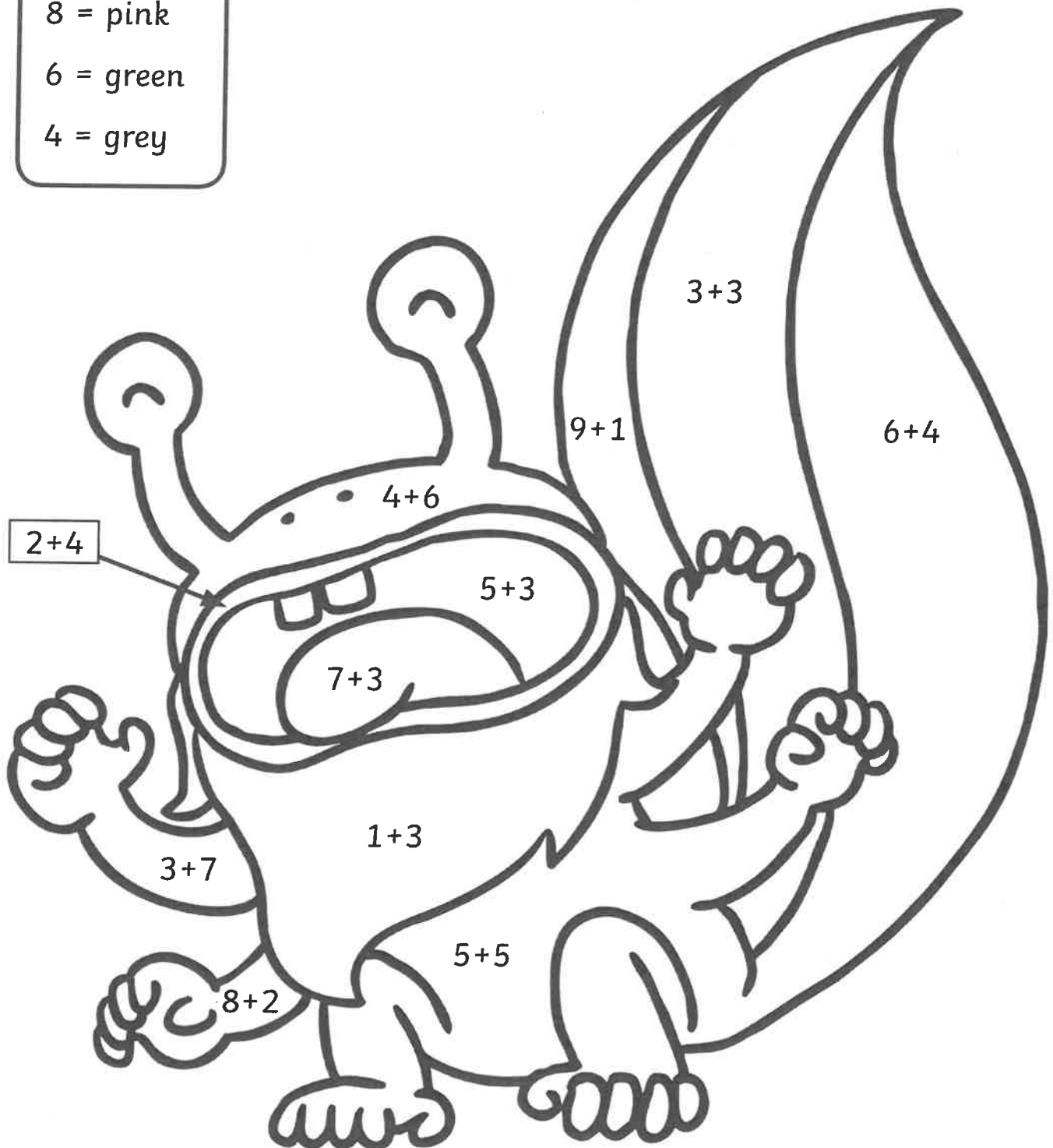
Solve the calculations in the picture to work out what colours they should be.

10 = red

8 = pink

6 = green

4 = grey



Monster Colour by Number

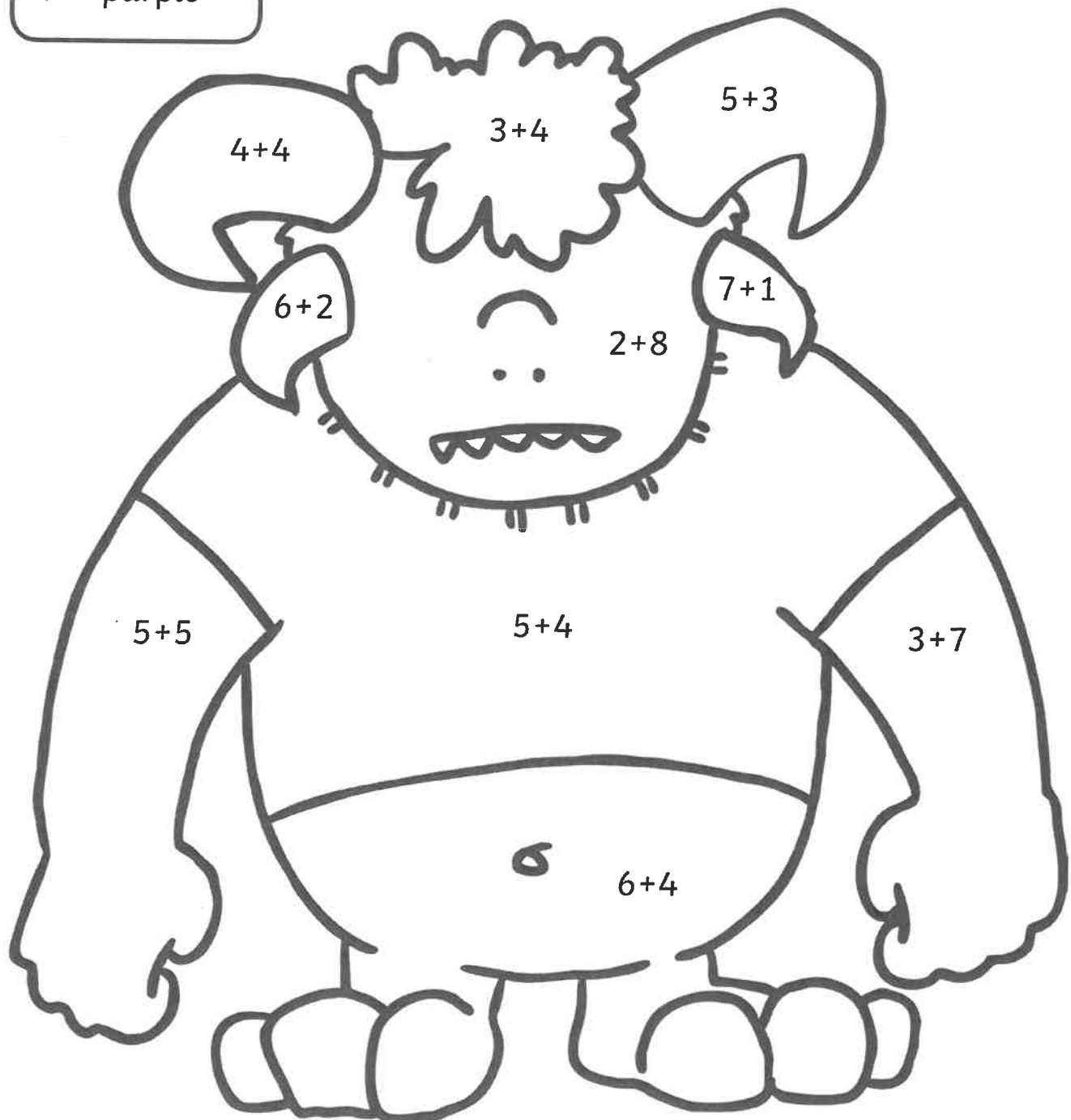
Solve the calculations in the picture to work out what colours they should be.

10 = yellow

9 = green

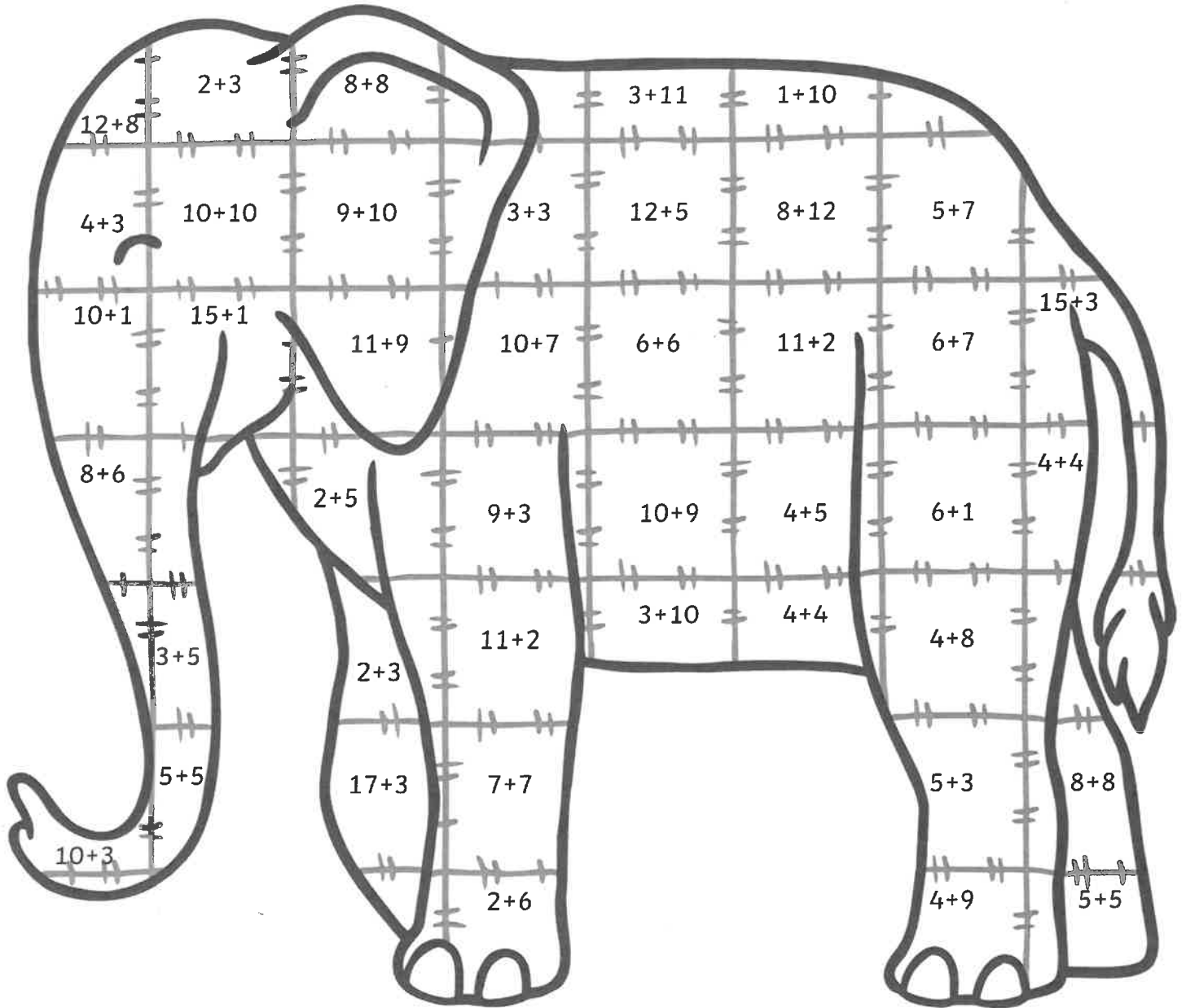
8 = orange

7 = purple



Addition to 20 Colour by Number

Solve the calculations to work out what colours to use.



5 or 13 = yellow

9 or 17 = purple

6 or 14 = orange

10 or 18 = black

7 or 15 = blue

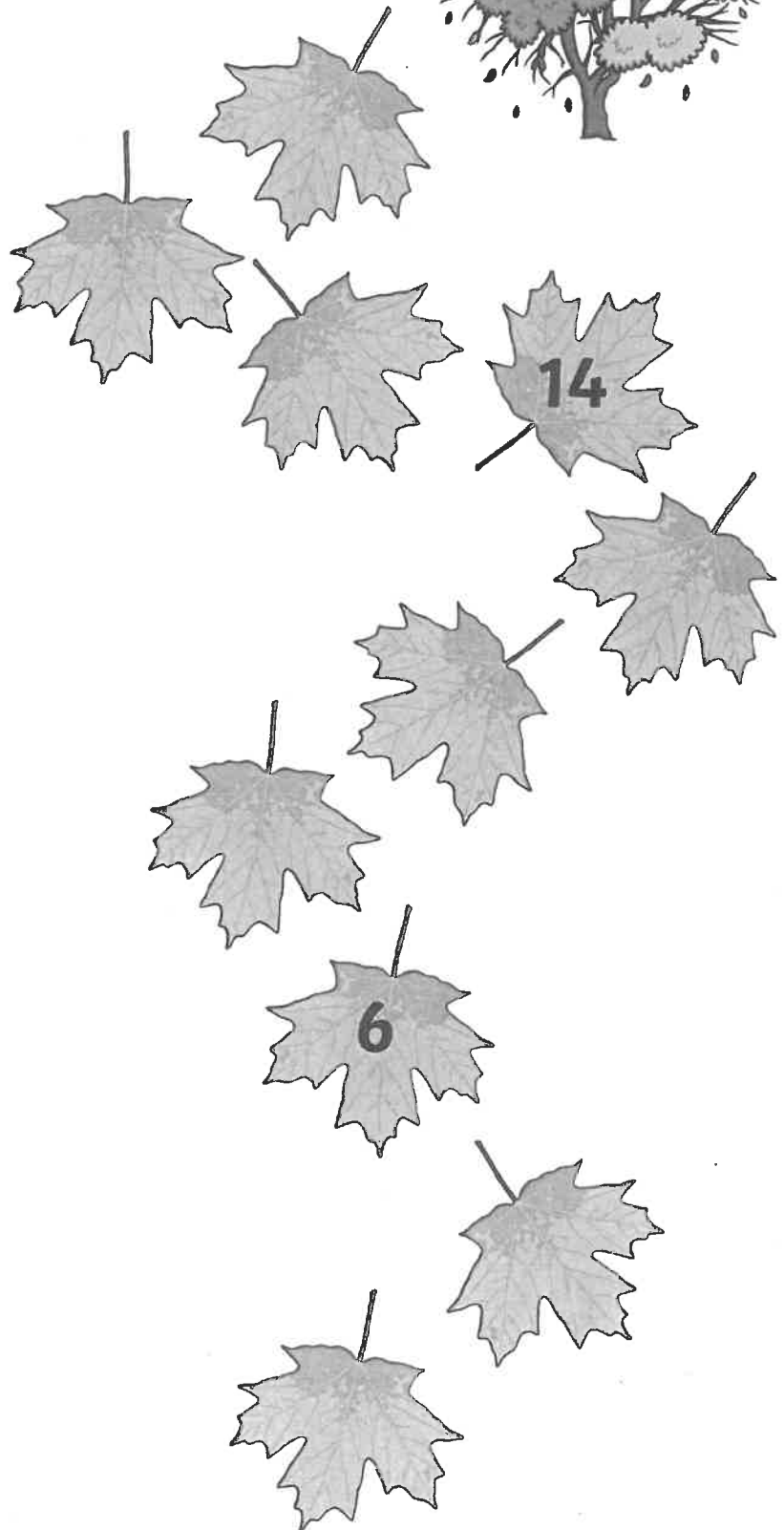
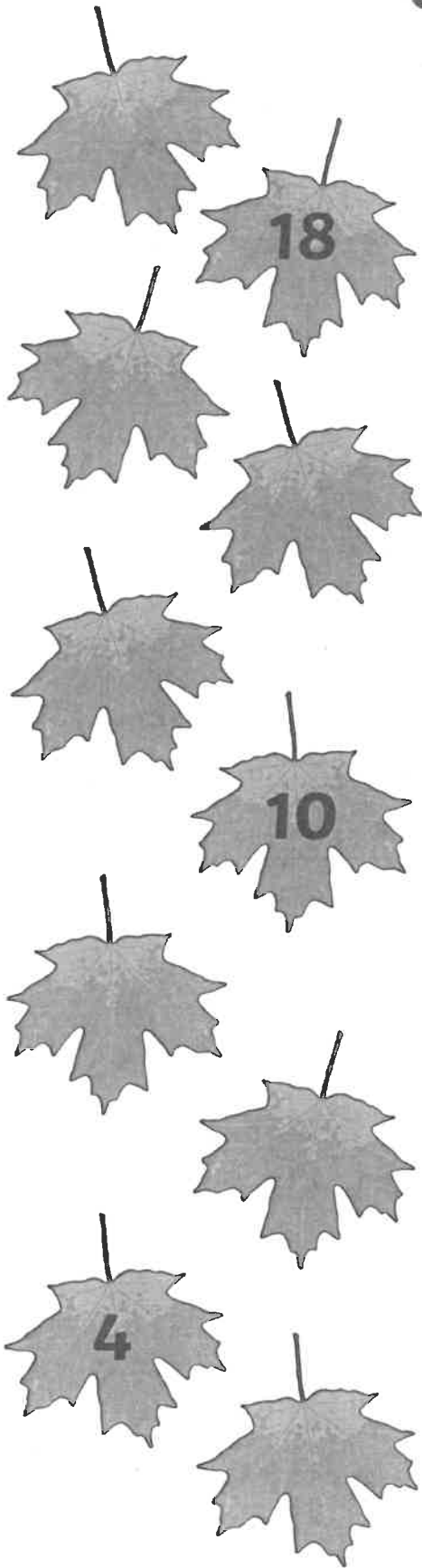
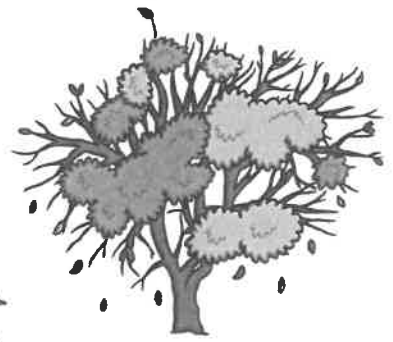
11 or 19 = pink

8 or 16 = red

12 or 20 = green

Autumn Missing Numbers

Counting in 2s



Winter Missing Numbers

Counting in 2s



A large, winding path made of a grey, textured material. The path is shaped like a series of connected loops. Along the path, there are several circles containing numbers and several empty circles for students to write in. The numbers are: 16, 18, 18, 20, 16, 14, 12, 10, 10, 8, 6, 4, 4, 2, 2. The path starts at the top left and ends at the bottom right. In the center of the path, there are two small illustrations of children in winter clothes, one holding a snowball.

Spring Missing Numbers

Counting in 5s

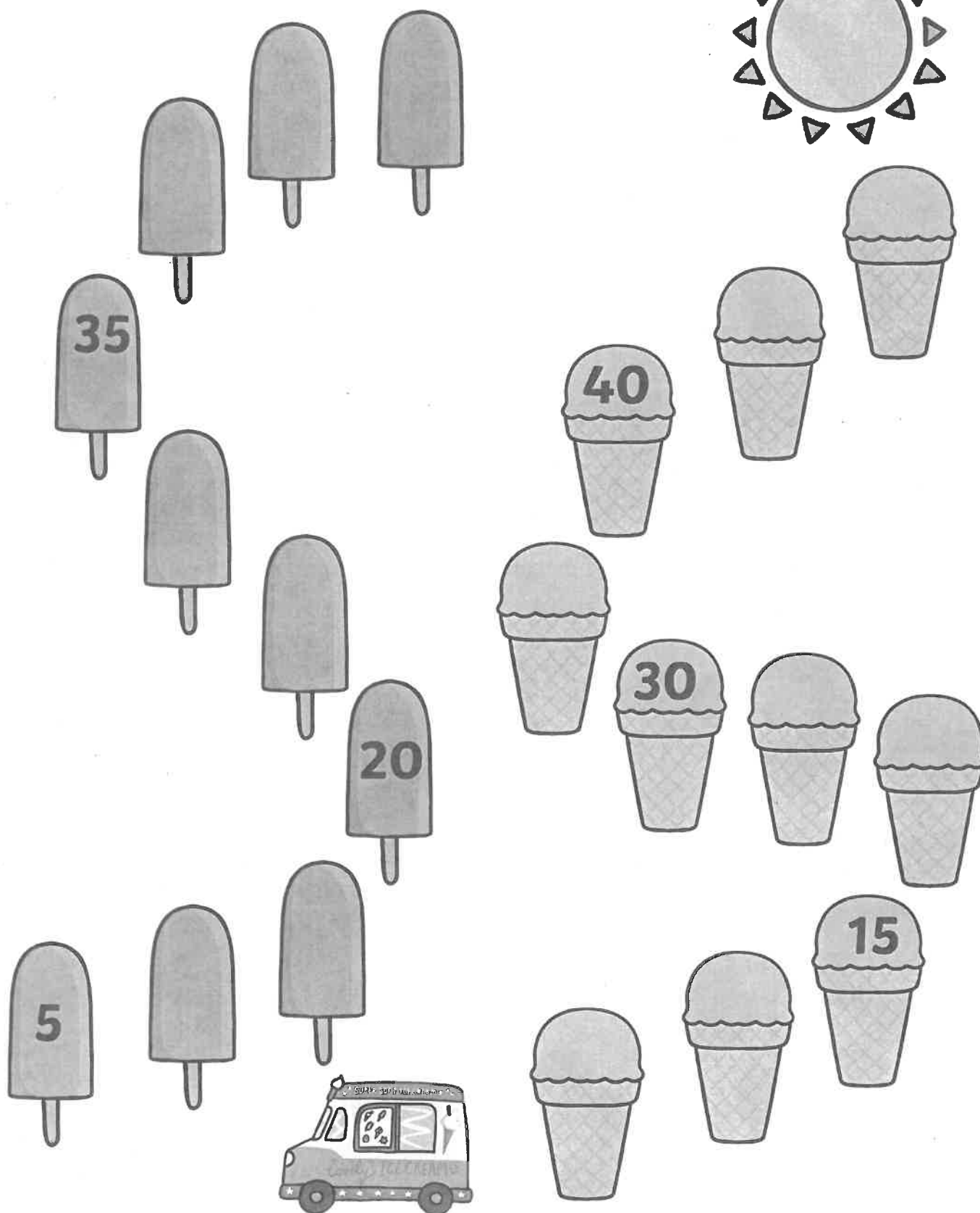
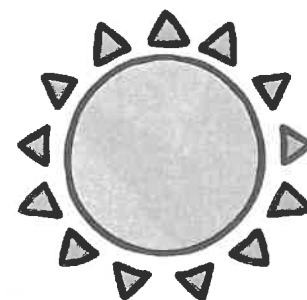
A large number 5 is formed by a path of 20 flowers. The flowers are arranged as follows:

- Top: 50
- Right side (top to bottom): blank, blank, 40, blank
- Bottom right: 15
- Bottom: blank
- Bottom left: 5
- Left side (bottom to top): blank, blank, blank, 30, blank, blank
- Top left: blank

Three butterflies are flying around the number 5.

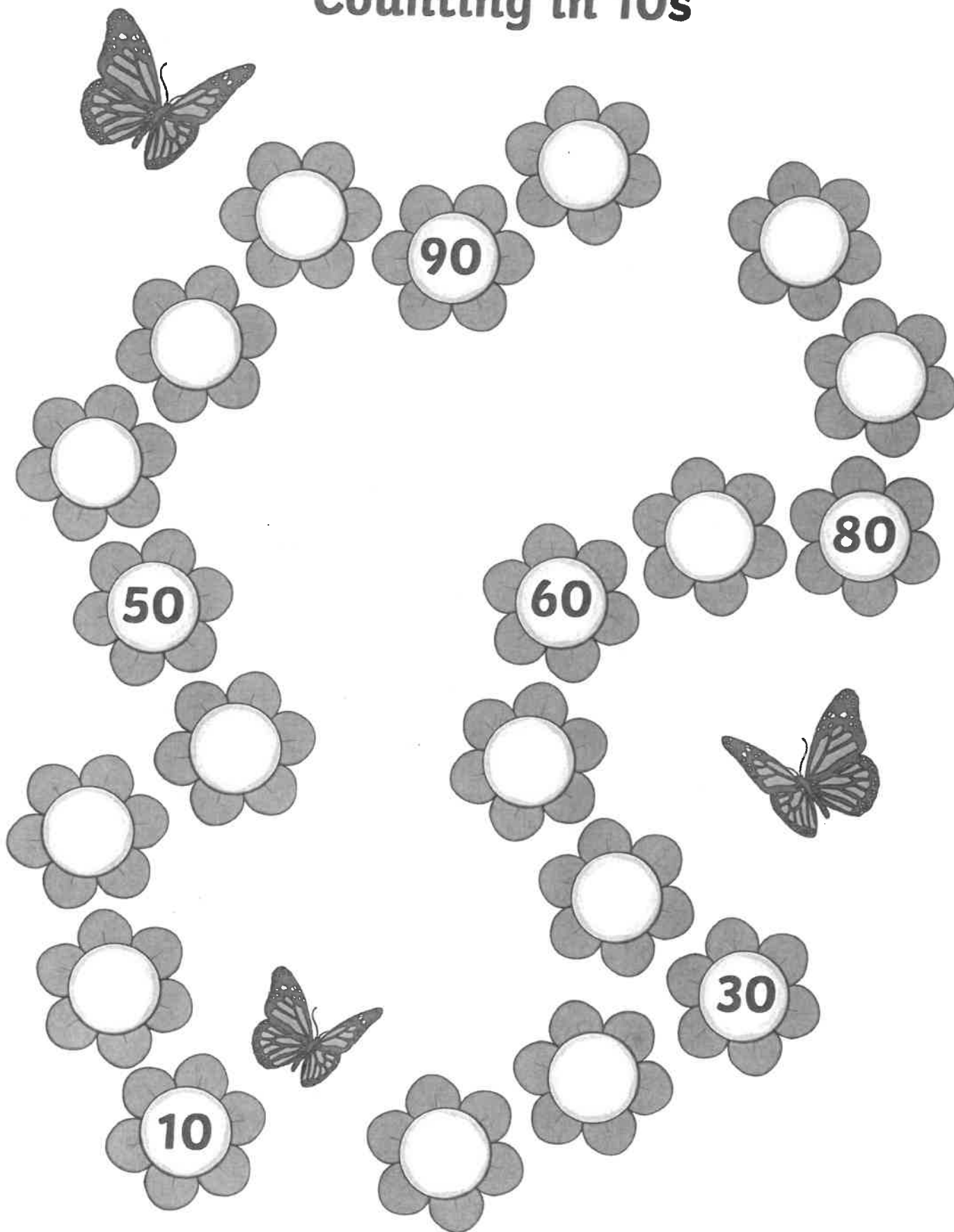
Summer Missing Numbers

Counting in 5s



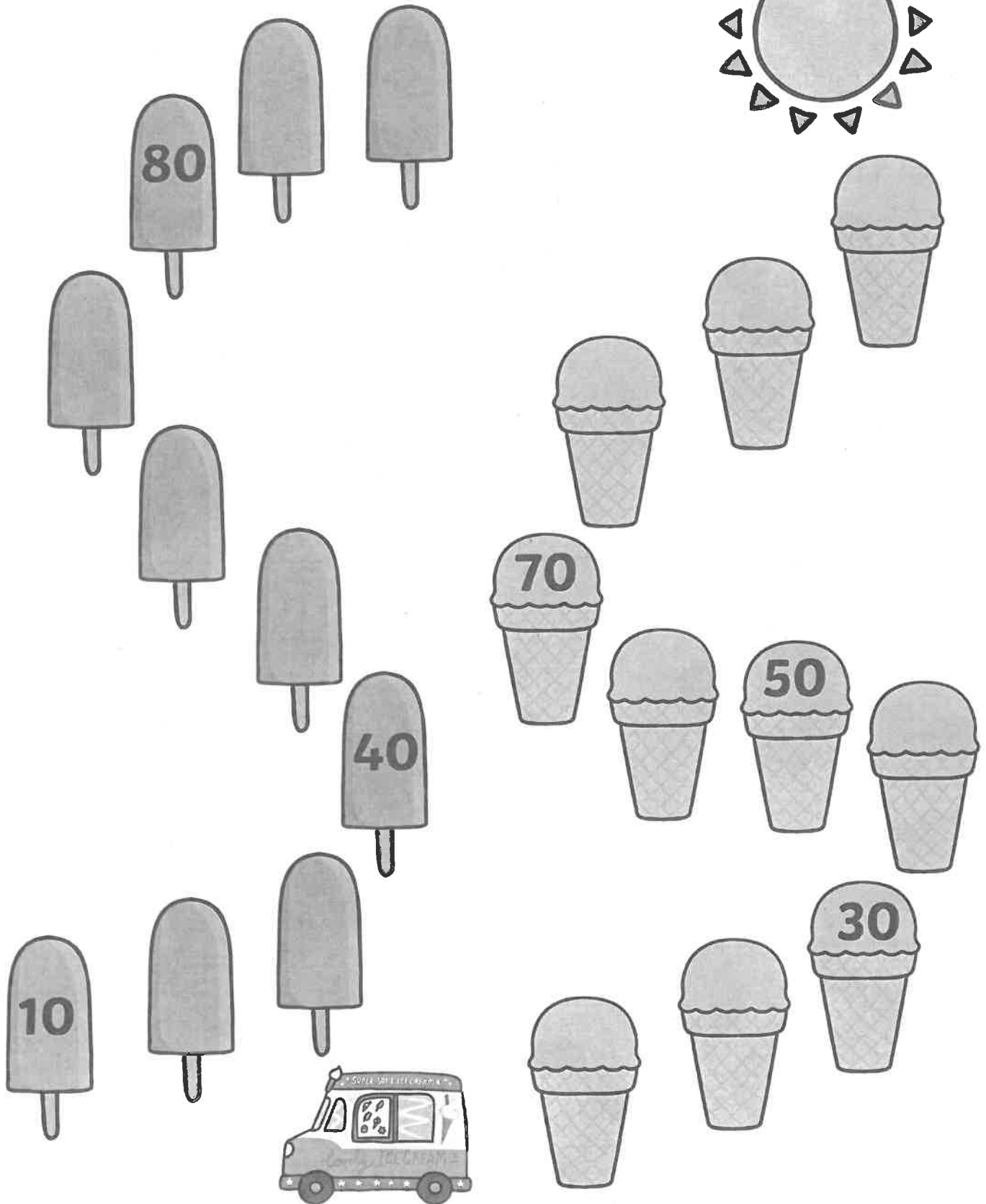
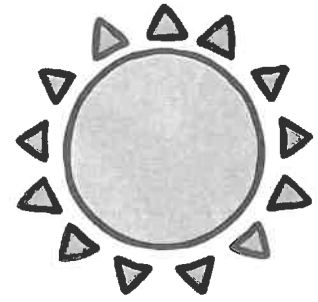
Spring Missing Numbers

Counting in 10s



Summer Missing Numbers

Counting in 10s



Coin Flip Investigation

Name: _____

Date: _____

I can identify events where the chance of one will not be affected by the occurrence of the other.
(ACMSP094)

Flip one coin 10 times and record each flip as a tally mark.

Equipment I will need:

- 1 x coin
- pencil
- activity sheet



Instructions:

1. Flip the coin.
2. Record the result as a tally mark whether the coin landed on 'heads' or 'tails' in the correct space in the table below.
3. Repeat steps 1 and 2 nine more times (so that you have flipped the coin 10 times).

Coin Flip Results for 10 Flips:

	Tally	Total
Heads		
Tails		

You are now going to repeat the experiment but for 20 flips. Make a prediction on what you think the results will be. Will it be the same as your first set? Why/why not?

My prediction is: _____

Complete the coin flip chance experiment again.

Coin Flip Results for 20 Flips:

	Tally	Total
Heads		
Tails		

Was your prediction correct? Why/why not?

If you were to complete this chance experiment again for 40 flips, do you think the results would be the same? Why/why not?

If you flipped heads five times and tails fifteen times, does this mean that tails will also have the larger number of flips next time you complete this activity? Why/why not?



Missing Numbers

Fill in the missing numbers from these sections of hundred squares.

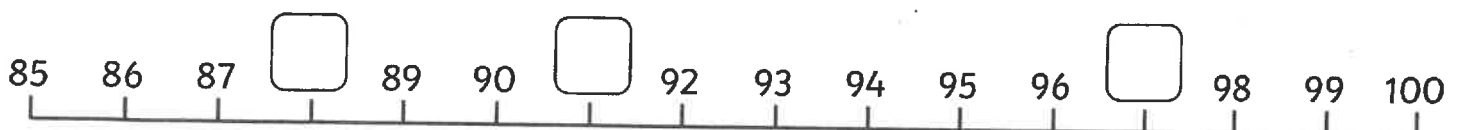
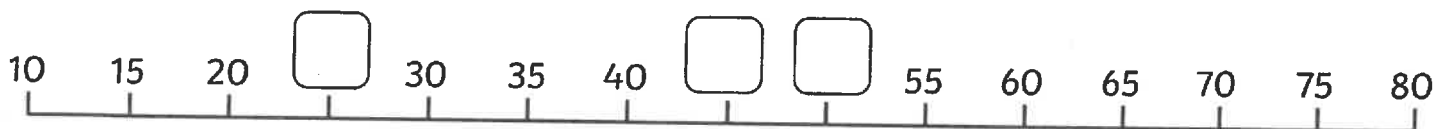
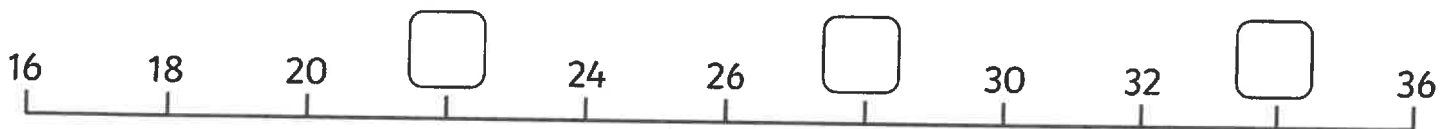
14	15		17
	25	26	

83		85	86
93			96

36	37	
		48
56	57	58

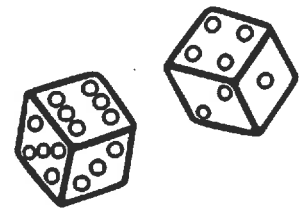
		10
18	19	20
28	29	

Fill in the missing numbers in these number lines.



Directions:

- Roll the die and record the number in the middle column.
- In the left column write the number that is 1 less.
- In the right column write the number that is 1 more.



one less	number	one more





Days Of The Week

Yesterday and Tomorrow

Yesterday	Today	Tomorrow
	Wednesday	
	Friday	
	Sunday	
	Saturday	
	Tuesday	
	Thursday	
	Monday	

Friday

Wednesday

Saturday

Tuesday

Monday

Thursday

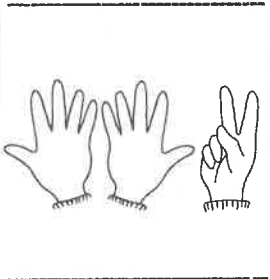
Sunday



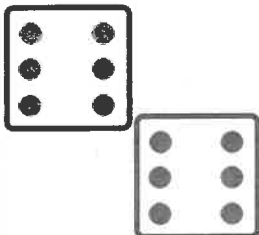
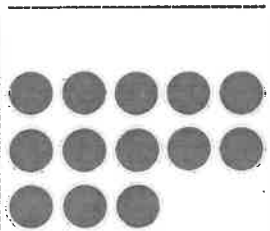
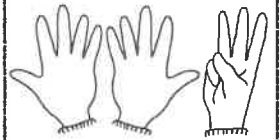
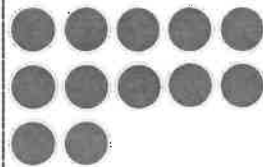
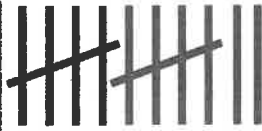
Cut, Sort and Glue

12

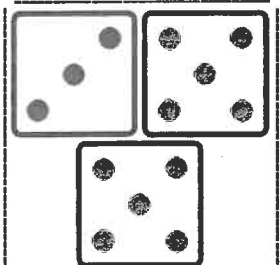
13



twelve



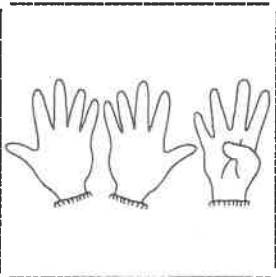
thirteen



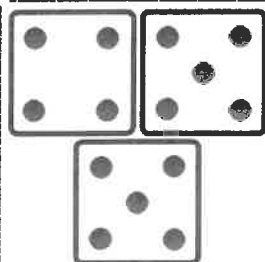
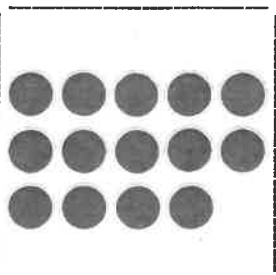
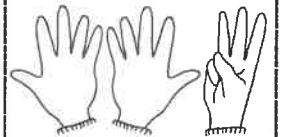
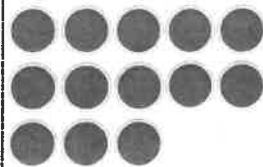
Cut, Sort and Glue

13

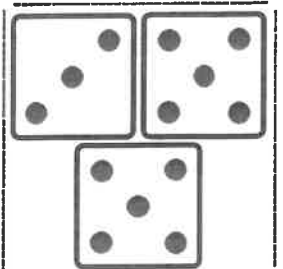
14



fourteen



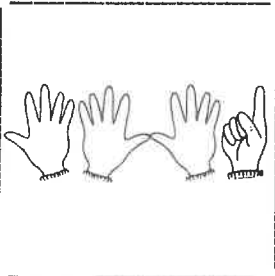
thirteen



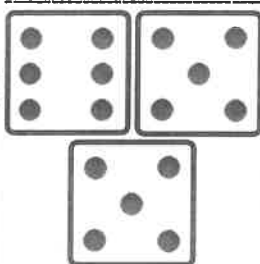
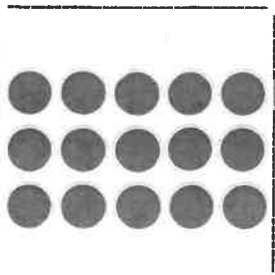
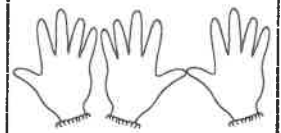
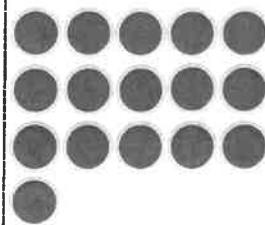
Cut, Sort and Glue

15

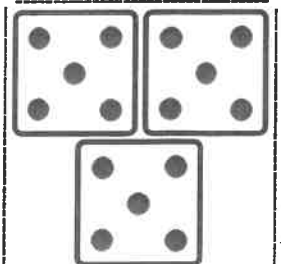
16



sixteen



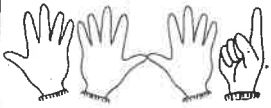
fifteen



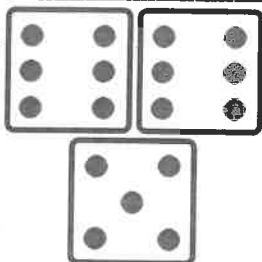
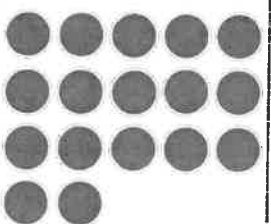
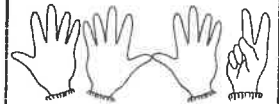
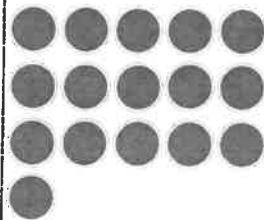
Cut, Sort and Glue

16

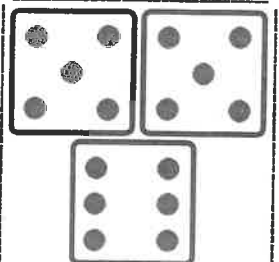
17



sixteen



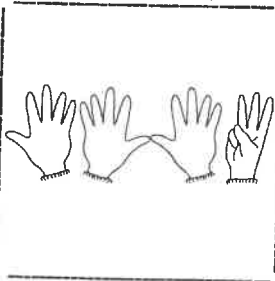
seventeen



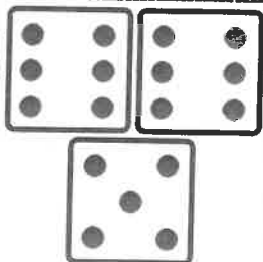
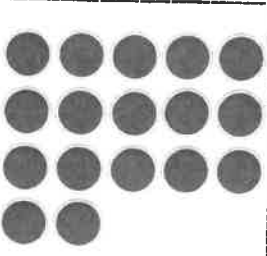
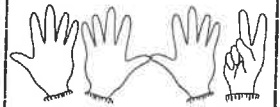
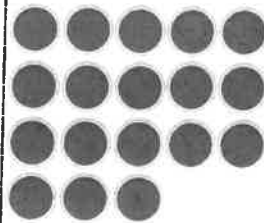
Cut, Sort and Glue

17

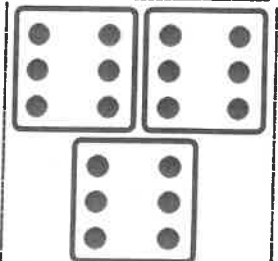
18



eighteen



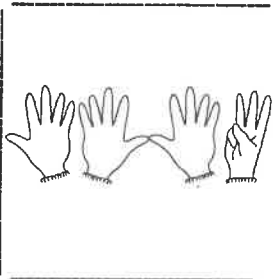
seventeen



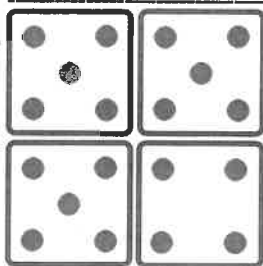
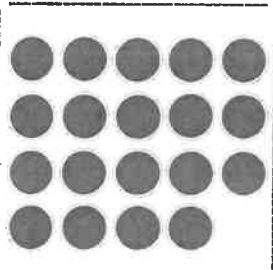
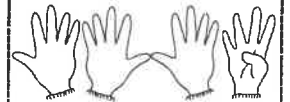
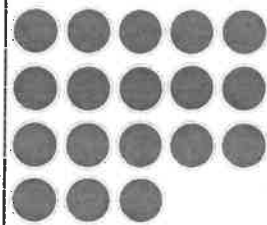
Cut, Sort and Glue

18

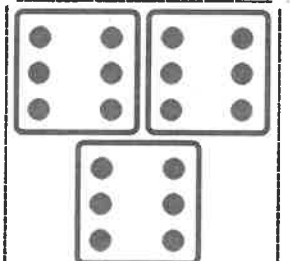
19



eighteen



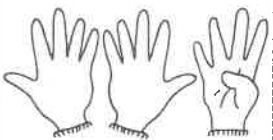
nineteen



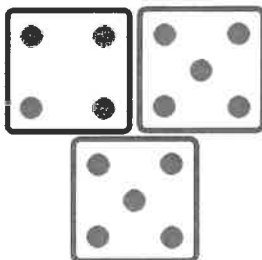
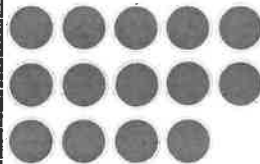
Cut, Sort and Glue

14

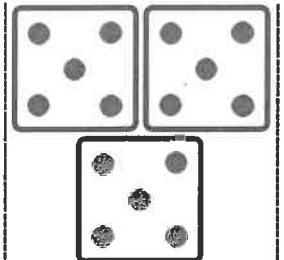
15



fourteen



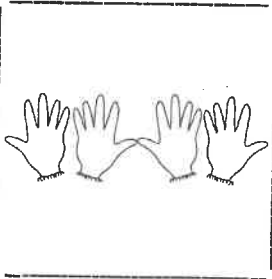
fifteen



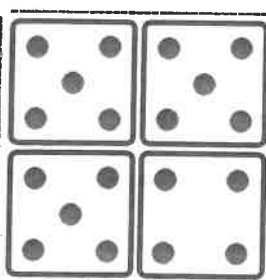
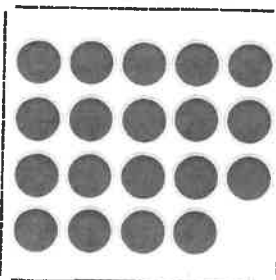
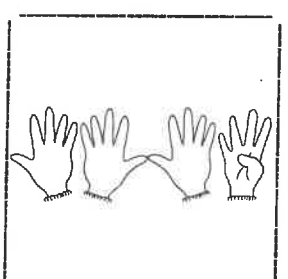
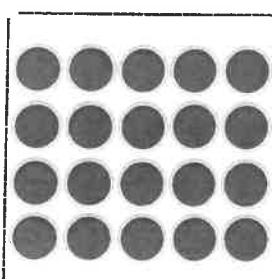
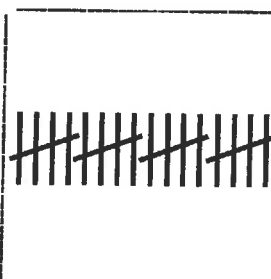
Cut, Sort and Glue

19

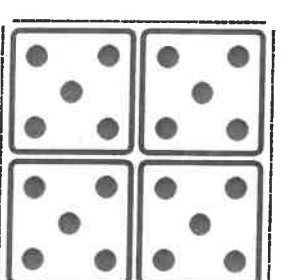
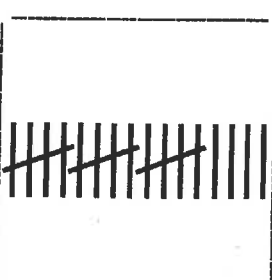
20



twenty



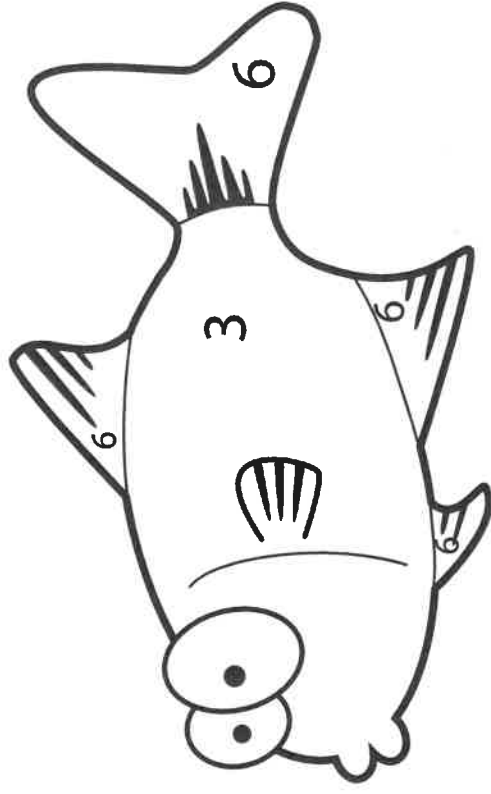
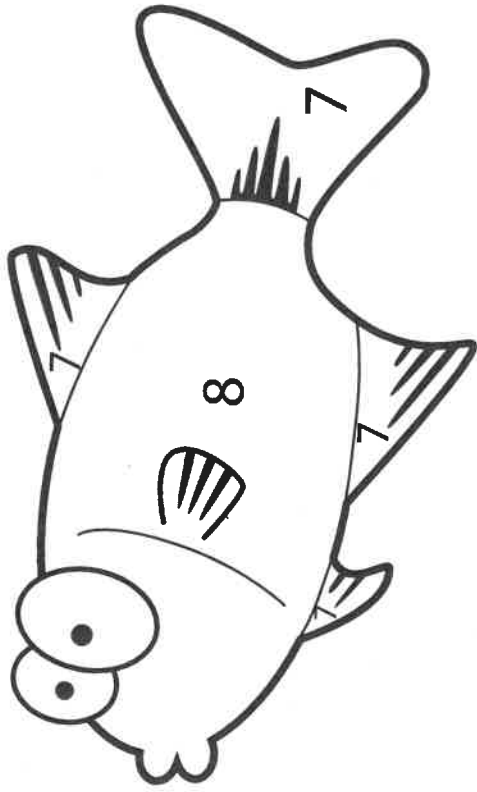
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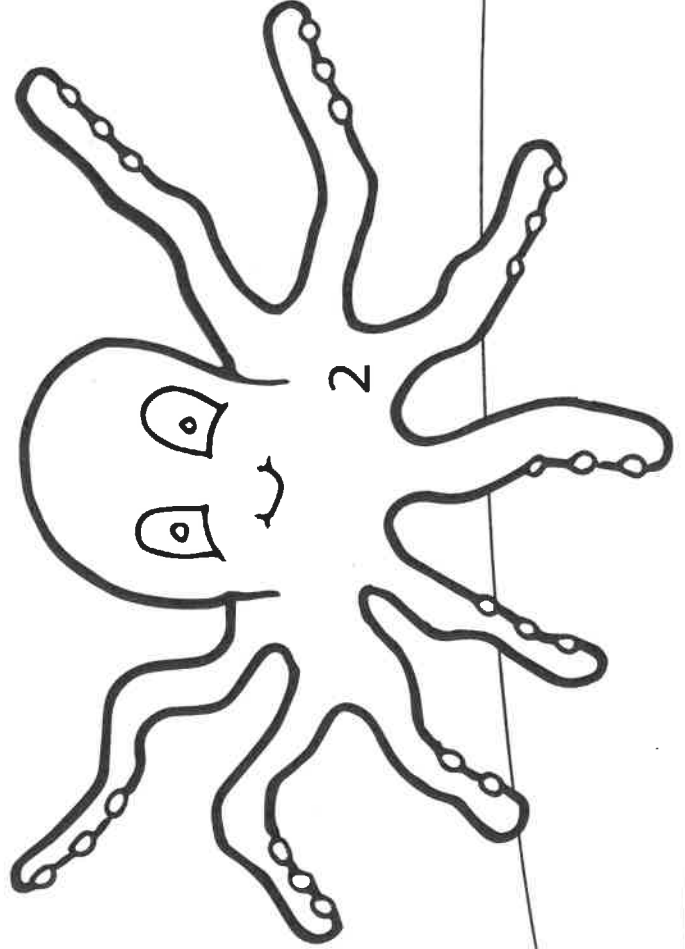
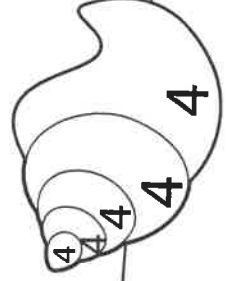
Colour By Numbers

- 1 = Light Blue
- 2 = Purple
- 3 = Light Green
- 4 = Pink
- 5 = Yellow
- 6 = Dark Green
- 7 = Red
- 8 = Orange

1



1



5

Design a Planet

You have discovered a brand new planet! Complete an astronaut report to send to Mission Control about what you have found.

Key Facts

Colour: _____

Size: _____

Number of moons: _____

Inhabitants (People Who Live There)

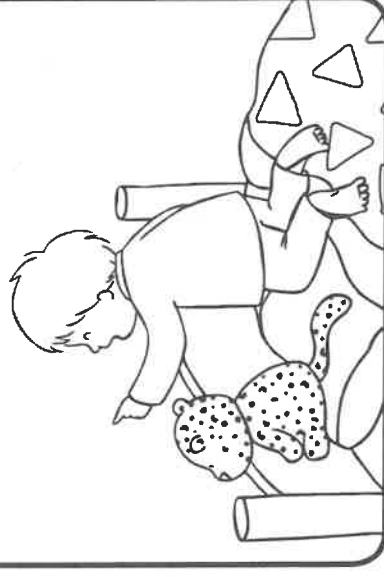
Name of Planet: _____

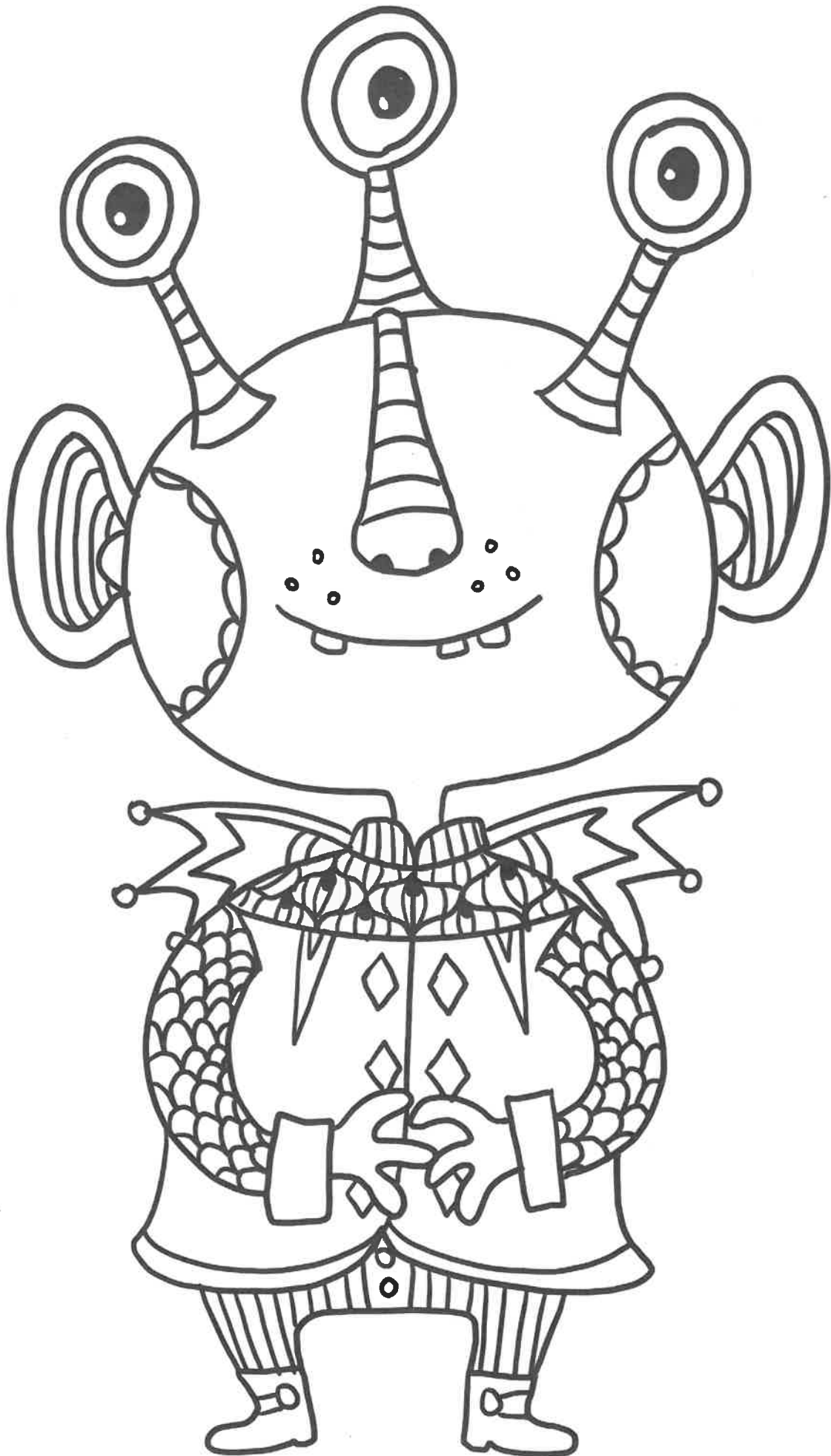
Other information: _____

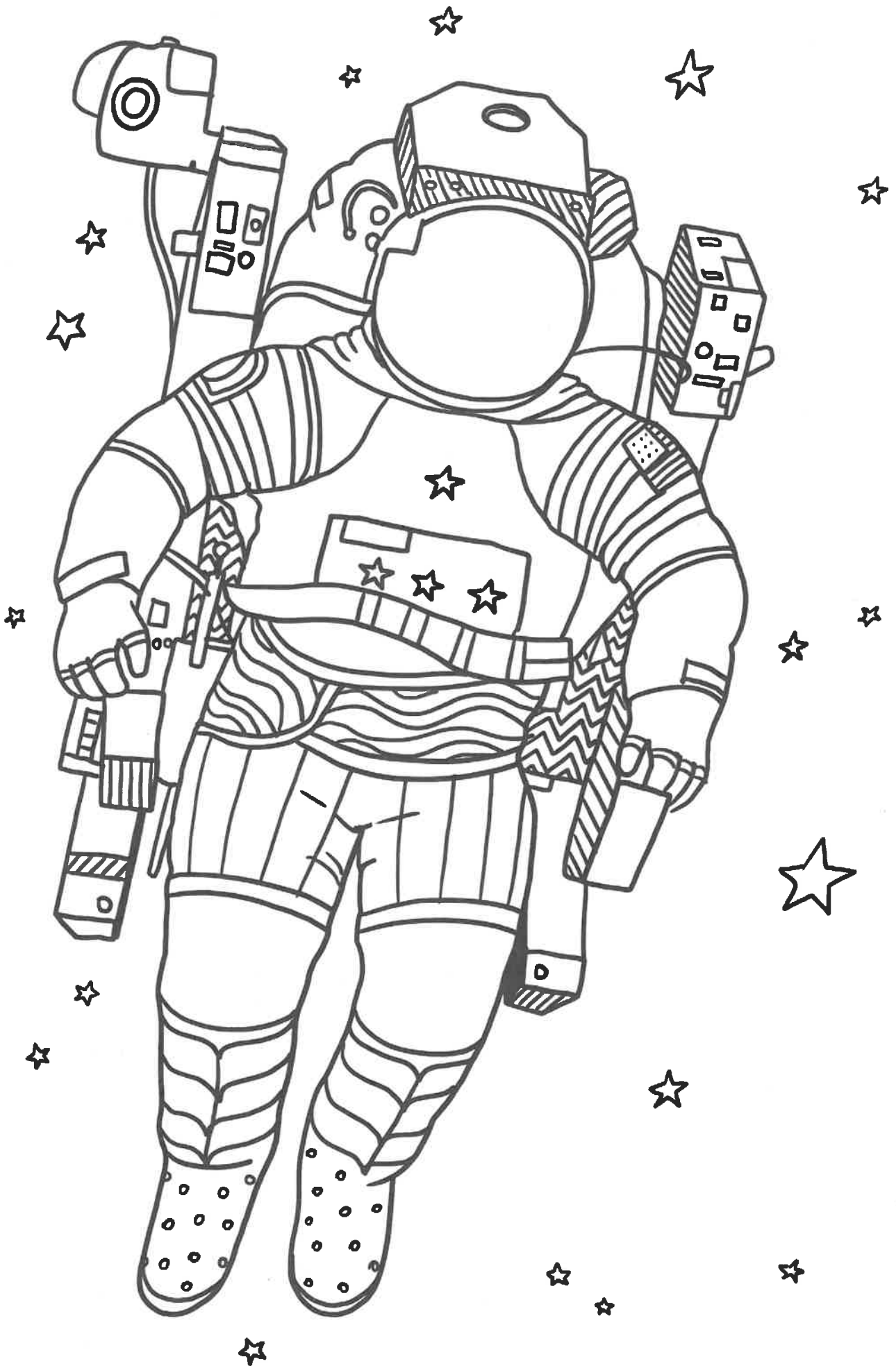
Surface

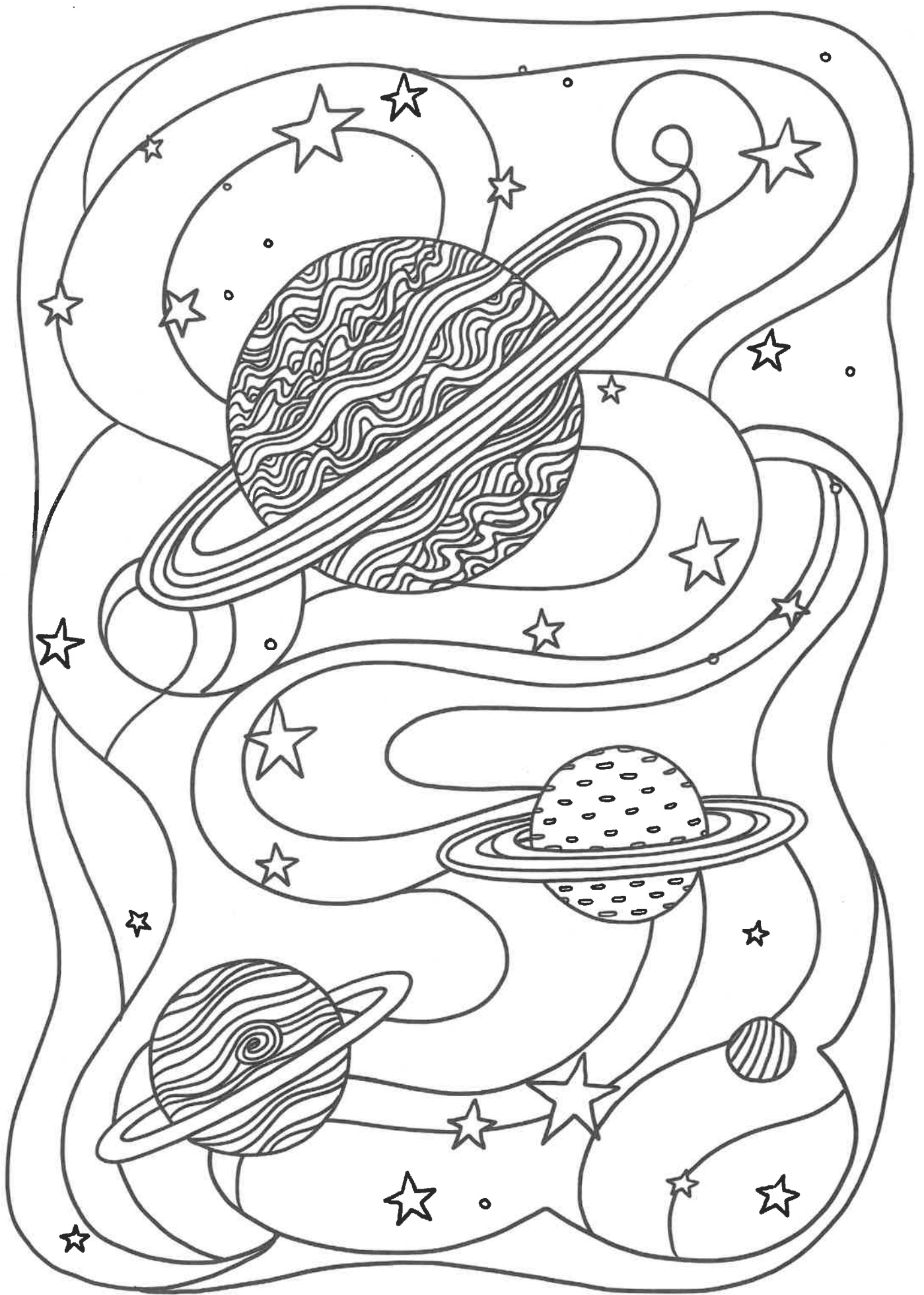
Materials: _____

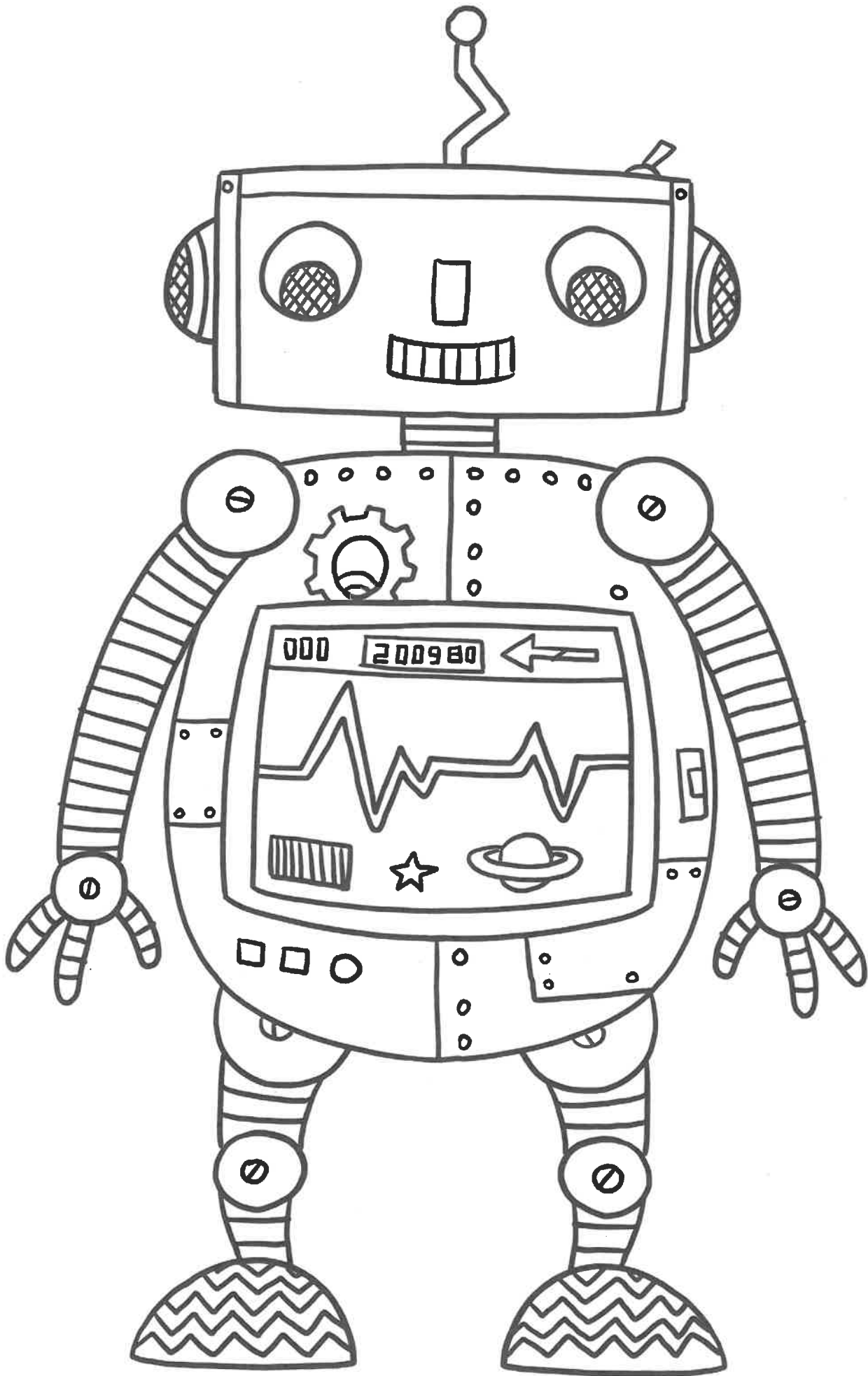
Signs of life (water, oxygen):

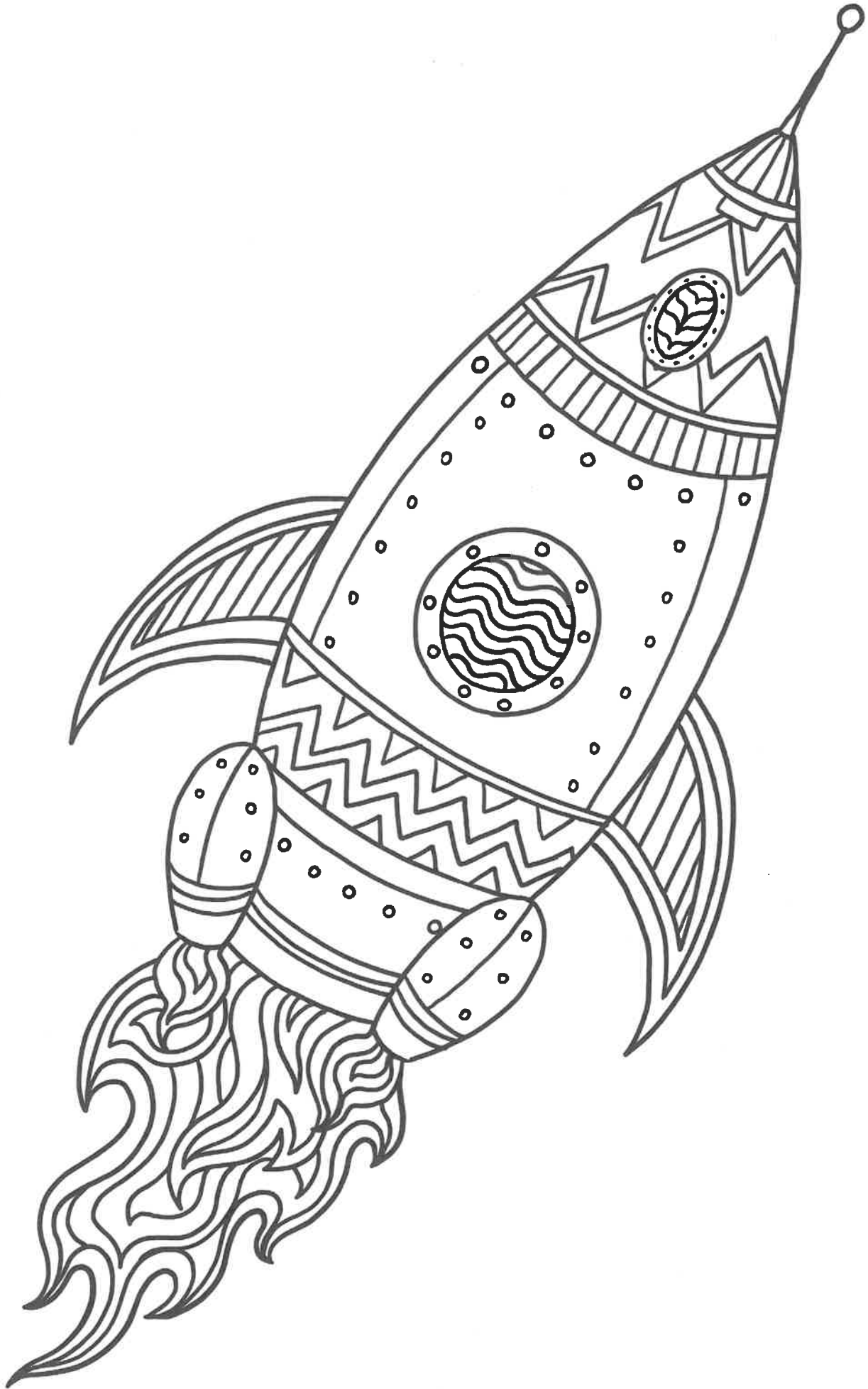












Monday

Date: _____



'Don't cry
because it's over,
smile because it
happened.'

Dr Seuss

Quote
of the Day

Today I Want To:
Draw or write the
things you'd like
to do today.

Today's News

1.

2.

3.

What did you do?

What did you eat
and drink?

Who
were you with?

Who did
you speak to?

Good Things

Monday

Write or draw the things that are good in your life.

1.

2.

3.

Thinking Time

I worry about...

I feel this way because...

I can make this worry better by...

The Best Thing That Happened Today

Draw a picture to show this at the end of the day!

Rate the Day



Tuesday

Date: _____

Quote of the Day

'Be who you are
and say what
you feel, because
those who mind
don't matter, and
those who matter
don't mind.'

Dr Seuss

1.

Today I Want To:

Draw or write the things
you'd like to do today.

2.

3.

My Favourite Memory

Where were you?

Who else was there?

Why did you enjoy
it so much?

How does it feel
thinking about it?

The Best Thing That Happened Today
Draw a picture to show this at the end of the day!

Thinking Time

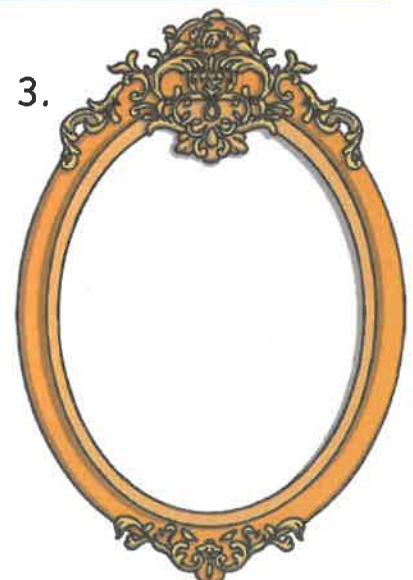
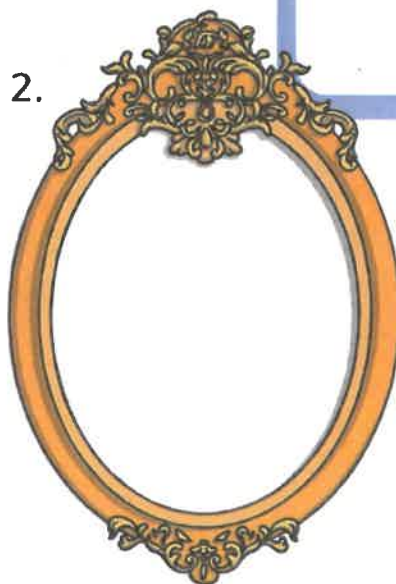
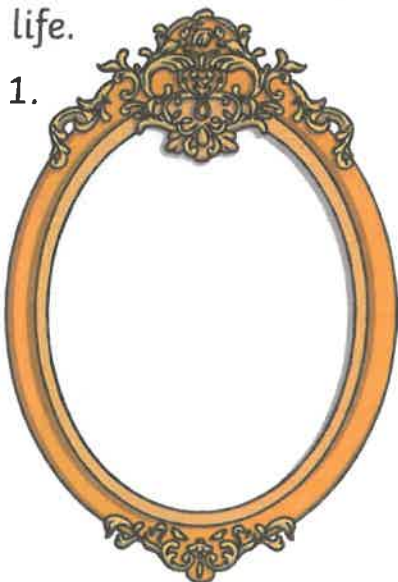
I am happy when...

I feel this way because...

I can feel this way more by...

Good Things

Write or draw the things that are good in your life.



Rate the Day



Wednesday

Date: _____

Today I Want To:

Draw or write the things you'd like to do today.

1.

2.

3.

Quote of the Day

'It always seems impossible until it is done.'

Nelson
Mandela



My Favourite Songs

What are your three favourite songs?

1. _____
2. _____
3. _____

How do they make you feel?



Thinking Time

I feel calm when...

I feel this way because...

I can help myself stay calm by...

Good Things

Write or draw the things that are good in your life.

1.

2.

3.

The Best Thing That Happened Today

Draw a picture to show this at the end of the day!

Rate the Day





Thursday

Date: _____

Quote of the Day

'No act of kindness,
no matter how small,
is ever wasted.'

Aesop

Today I Want To:

Draw or write the things you'd like to do today.

1.	2.	3.
----	----	----



Being Kind to Others

Think about a time when you have been kind to someone else.

What did you do?

How did the other person feel?

How do you feel thinking about this?

Good Things

Write or draw the things that are good in your life.

1.

2.

3.

Thinking Time

I am cross when...

I feel this way because...

I can help myself feel calmer by...

The Best Thing That Happened Today

Complete this at the end of the day!

Rate the Day



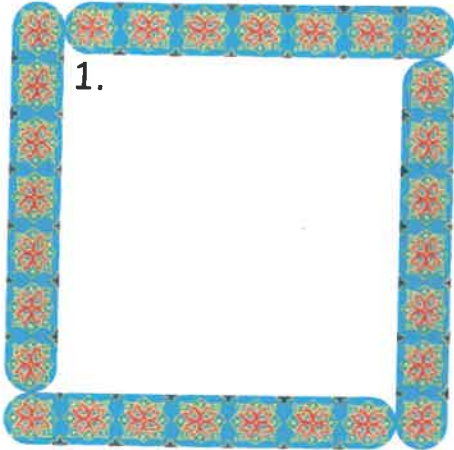
Friday

Date: _____

Quote of the Day
'Be the change you want to see in the world.'

Mahatma Gandhi

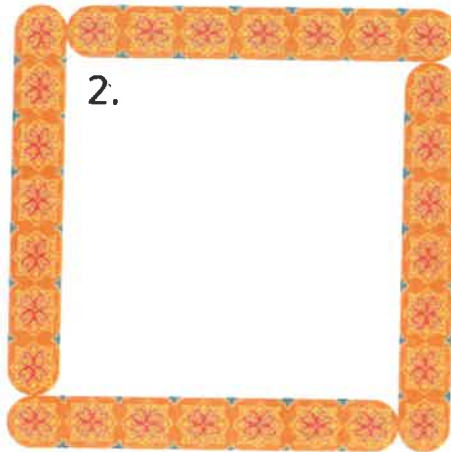
1.



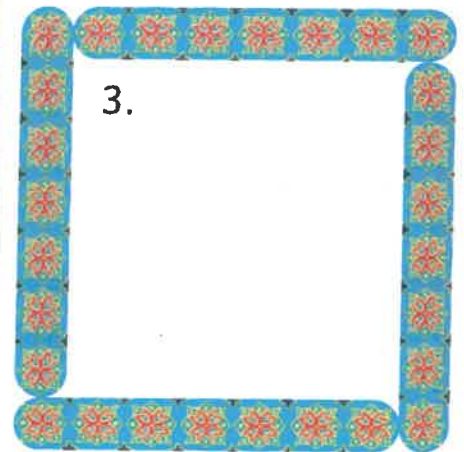
Today I Want To:

Draw or write the things you'd like to do today.

2.



3.



Change the World

What would you like to be different to make the world better?

What could you do to help make that happen?

Thinking Time

I feel excited when...

Blank space for writing.

I feel this way because...

Blank space for writing.

I can feel this way more by...

Blank space for writing.

Good Things

Write or draw the things that are good in your life.

1.

2.

3.

Three overlapping circles for drawing or writing.

Rate the Day



The Best Thing That Happened Today

Complete this at the end of the day!

Large blank space for writing, framed with a colorful border.

Date:

Today I Want To:

1.

2.

3.

(You can draw or write.)

Quote of the Day: 'I'm not telling you it's going to be easy - I'm telling you it's going to be worth it.' (Art Williams)

Kindness Challenge:

Who were you kind to today?

What did you do?

How did it feel?

How did it make them feel?

(You can draw or write.)

Good Things:

1.

2.

3.

(You can draw or write.)

Thinking Time:

I feel sad about...

I feel this way because...

I can feel better by...

(You can draw or write.)

The Best Thing That Happened Today:

(You can draw or write.)

Rate the Day:



Date:

Quote of the Day: 'Nothing is impossible, the word itself says 'I'm possible'.' (Audrey Hepburn)

Today I Want To:

1.

2.

3.

(You can draw or write.)

My Dream for When I'm Older:

What would your dream home be?

Who would you live with?

What would you do each day?

How would you feel?

(You can draw or write.)

Good Things:

1.

2.

3.

(You can draw or write.)

Thinking Time:

I am energetic when...

I feel this way because...

I can feel this way more by...

(You can draw or write.)

The Best Thing That Happened Today:

(You can draw or write.)

Rate the Day:



Date:

Quote of the Day: "Shoot for the moon. Even if you miss, you'll land in the stars." (Norman Vincent Price)

Today I Want To:

1.

2.

3.

(You can draw or write.)

My Favourite Films:

Write (or draw) your three favourite films.

1.

2.

3.

How do they make you feel?

(You can draw or write.)

Good Things:

1.

2.

3.

(You can draw or write.)

Thinking Time:

I feel confused when...

I feel this way because...

I can help myself when I feel like this by...

(You can draw or write.)

The Best Thing That Happened Today:

(You can draw or write.)

Rate the Day:



Date:

Today I Want To:

1.

2.

3.

(You can draw or write.)

Good Things:

1.

2.

3.

(You can draw or write.)

Quote of the Day:

'F A I L. First Attempt In Learning.'
(APJ Abdul Kalam)

My Favourite Holiday:

Think about one of your
favourite holidays.

Where did you go?

What did you do?

Who was there?

(You can draw or write.)

Thinking Time:

I am lonely when...

I feel this way because...

I can help this feeling by...

(You can draw or write.)

The Best Thing That Happened Today:

(You can draw or write.)

Rate the Day:



Date:

Quote of the Day: 'Today is going to be a good day.' (Tom Edwards)

Today I Want To:

1.

2.

3.

(You can draw or write.)

My Favourite TV Programme:

What is your favourite TV program?

Why do you like it?

Good Things:

1.

2.

3.

(You can draw or write.)

(You can draw or write.)

Thinking Time:

I feel scared when...

I feel this way because...

I can help this feeling by...

(You can draw or write.)

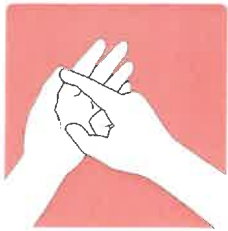
The Best Thing That Happened Today:

(You can draw or write.)

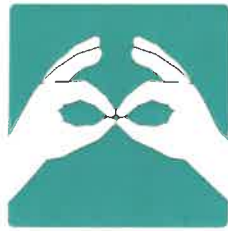
Rate the Day:



= Auslan Alphabet =



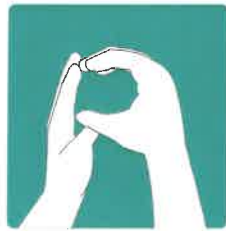
A a



B b



C c



D d



E e



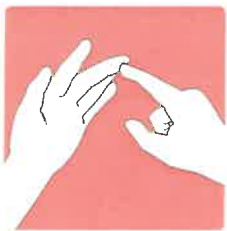
F f



G g



H h



I i



J j



K k



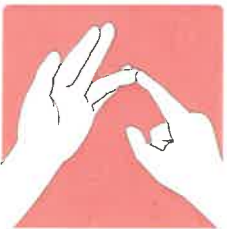
L l



M m



N n



O o



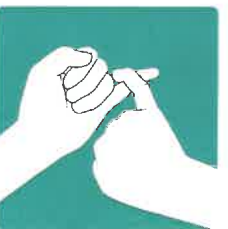
P p



Q q



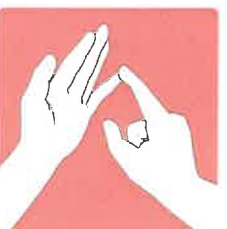
R r



S s



T t



U u



V v



W w



X x



Y y



Z z

Name 5 things



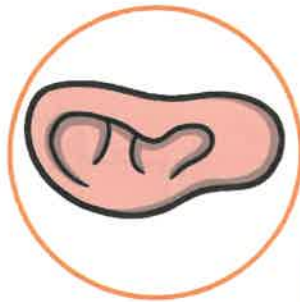
... that **smell** nice!

Name 5 things



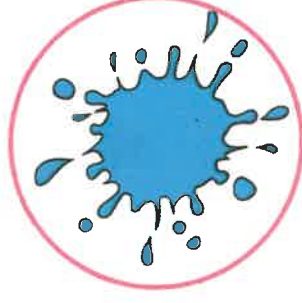
... that **feel** soft!

Name 5 things



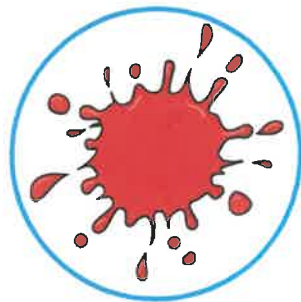
... that **sound** nice!

Name 5 things



... that are **blue**!

Name 5 things



... that are **red**!

Name 5 things



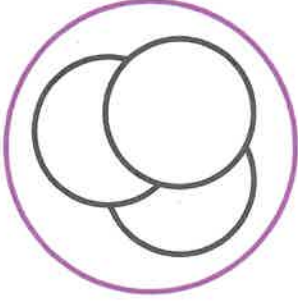
... that are **green**!

Name 5 things



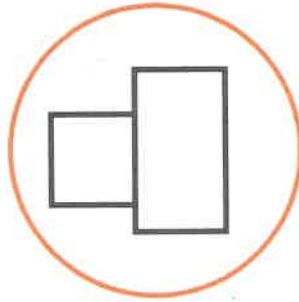
... that taste **sweet!**

Name 5 things



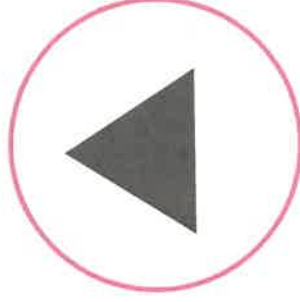
... that are **circular!**

Name 5 things



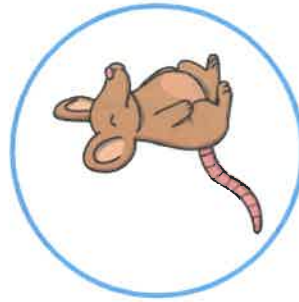
... that are **rectangular!**

Name 5 things



... that are **triangular!**

Name 5 things



... that are **small!**

Name 5 things



... that are **big!**

Wellbeing Craft -

Things to Look Forward To Jar

Use these craft instructions to create your own wellbeing jar. Having things to look forward to can make you feel happier and improve your wellbeing. Each time you think of something you would like to do in the future, write it on a piece of paper and place it inside your decorated jar.

You will need:

- glass or plastic jar
- sticky label or strip of paper
- scissors
- tissue paper or coloured paper
- paintbrush
- pencil
- white glue
- paper to record the things you are looking forward to



Instructions



1 Cut shapes out of the colourful paper or tissue paper.



4 Write a label for your jar. You could write 'Things to Look Forward To'.



2 Use the paintbrush to put some glue onto the jar.



5 You can use white glue to paint over the top of the shapes on your jar and the label. This will give it a nice, shiny effect.



3 Stick the paper shapes carefully onto the jar.



6 Once dry, your jar is ready to use. Write things that you are looking forward to on pieces of paper and place them into your decorated jar.

1 Complete a Puzzle

Find a puzzle you have at home and see if you can complete it by yourself.



2 Junk Modelling

Make a 3D model using clean recyclables.

3 Send Some Post

Draw a picture or write to a friend or family member. Pop it in a stamped and addressed envelope and put it in the post when you can.

4 Learn a New Skill

Master a new skill, like tying a shoelace or doing up your own buttons.

5 Go on a Shape Search

Look around your home to see how many 2D and 3D shapes you can find. Record how many you find on a piece of paper.

6 Be an Artist

Draw or paint a picture of something you can see in your home.



7 Get Baking

Choose a recipe of something you like to eat. Take care to measure out the ingredients and follow the recipe.

8 Study Nature

Look out the window, or go in the garden if you can. Draw or write about what you can see. Are there any animals or birds?

9 Learn a Nursery Rhyme

Try and learn a new nursery rhyme.

You could try:

- I'm a Little Teapot
- Pop Goes the Weasel
- Sing a Song of Sixpence

10 Be a Reader

Keep reading anything you can. You can read books, magazines or even cereal packets.

11 Make Up a Dance

Choose some music to listen to and make up your own dance to it.

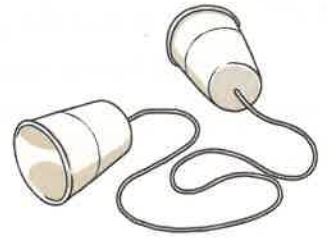


12**Make Your Own Small World**

Set up an imaginative small world with mini figures, building blocks and your own trees and buildings made from paper and card.

13**Make Your Own Phone**

Find some yoghurt pots and string. Make your own telephone by asking an adult to make holes in the bottom of the yoghurt pots and thread the string through. Send a message down the phone to someone in another room.

**14****Keep Fit**

Keep yourself healthy at home by setting up a circuit of three different exercises. Include a jumping station, a running station and a stretching station.

15**Eat Your Colours**

With help from an adult, cut up fruit and vegetables into pieces. Arrange them on a plate, like a picture, and enjoy eating the different colours.

16**Building Block Challenge**

Using just 10, 20 or 30 small building blocks, see how many different creations you can make.

**17****Play a Board Game**

Choose a board game from home and play it with your family. If you can't find one, you can print out this game of [Snakes and Ladders](#).

18**What Is It?**

Play a describing game with someone at home. Choose an object that you can see and describe it to the other player using three clues.

19**Memory Game**

Collect ten small objects from around the house and put them on a tray. Ask the other person to look away while you take away one object. When they open their eyes, they guess what is missing.

20**Make a Musical Instrument**

Fill a clean, empty yoghurt pot with dried beans and stick a piece of paper to the top. You have made a shaker.





Daily Kind Acts



Tell someone how much you love them.

Help make dinner.

Feed the birds.

Leave a happy note somewhere for someone to find.

Teach someone something new.

Give someone a hug to show how much you care.

Smile at everybody.

Make a get-well card for someone.

Tidy your bedroom without being asked.

Give someone a compliment.

Write a list of things you are grateful for.

Make someone else's bed (as well as your own).

Pick up some litter.



Tell someone three things you love about them.

Do something nice for a neighbour.

Drink lots of water. It's much easier to be kind when you feel healthy and energetic.

Write and send a letter to someone.

Complain less (or not at all)!

Leave something on the doorstep for a next-door neighbour.

Make a positivity poster.

Remember to say please and thank you.

Use less energy to be kind to our planet.

Draw a picture for a friend, neighbour or family member.

Tell a joke, watch a silly video or do something that makes you and others laugh!

Recycle paper. Try to be as inventive and creative as you can with it!

Share something you love with a friend or family member.

Say good morning and goodnight to everyone in your household.

Hide little messages around the house for others to find.

Offer to help a family member with something.

Practice self-kindness by doing something you enjoy.

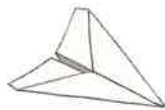




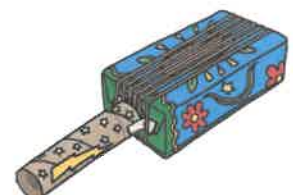
100 Fun Indoor Activity Ideas



- 1 Indoor camping - make a fort or tent out of blankets/furniture. Turn off the lights and use torches to explore.
- 2 Group yoga class - take turns to lead a session. Silly poses welcome!
- 3 Teach yourself a magic trick using an online tutorial/video and perform it for your family members. Can they guess how it was done?
- 4 Hot seating - you or a family member can pretend to be a favourite TV/story/video game character. Encourage everyone else to 'interview' the person in the hot seat.
- 5 Play board games, card games or complete a big jigsaw puzzle as a family.
- 6 Learn another language. Use the Internet to learn how to say 'hello' in different languages.
- 7 Write a diary entry every day as if you are an alien who is stuck living with a weird human family on Earth. What normal things have your family done today that would seem really strange to an alien?
- 8 Create question cards to pick at random ask to one another, such as 'What is your earliest memory?' or 'What is your favourite colour?'.
- 9 Using basic craft materials, like cardboard tubes and boxes, make a puppet show that you can perform using a torch to create shadows on the wall.
- 10 Charades - act out a TV show, book, film or song for others to identify.
- 11 Make a simple bird feeder to hang outside.
- 12 Sort through old/unwanted clothes or material scraps and use a home sewing kit to repurpose the fabric. You could make your own teddy or cushion.
- 13 Baking/cooking - can you make a snack or meal out of limited resources?
- 14 Edit and improve your favourite story. Can you swap the author's adjectives for more effective words?
- 15 Research happy news articles from around the world and make your own happy news bulletin, newspaper or TV show.
- 16 Think of a fundraising craft you could make using basic materials. You could sell these at a later date to raise money for charity. (e.g. balloons filled with salt as 'stress balls', hand-drawn badges, keyrings)
- 17 With a sibling, have a competition of who can build the tallest free-standing tower using a set number of pieces of dried spaghetti and one 30cm piece of sticky tape.
- 18 Think of six games/activities you would like to do. Make a spinner using paper, a pencil and a paperclip. Whatever the spinner lands on is the activity to do first!
- 19 Create your own code. Change each letter of the alphabet for a picture or symbol and write a secret, coded letter to a sibling/parent/carer. Can the recipient decode it? Can they make up their own code, too?
- 20 Drawing session - spend family time creating artwork of pets, family members or favourite animals. Create your own art gallery to display your artwork.
- 21 Make your own board game. Draw a simple track or path on paper and number the spaces. Use dice and small toys to play the game.
- 22 Make a family tree, either just on screen/paper or go 3D! Add photos and stories about each person.
- 23 Memory games - close your eyes, then someone moves something in the room. Can you tell what it is? Extra fun if you use the whole house.
- 24 Treasure Hunt - can you find these items in your home? Can you make something using these items?
- 25 Secret challenge - make cards with ideas of things you have to get other people to do, e.g. sing a song. Everyone chooses a card in secret. Then, you have to try to get someone to do what's on your card in the course of the day, without them knowing.

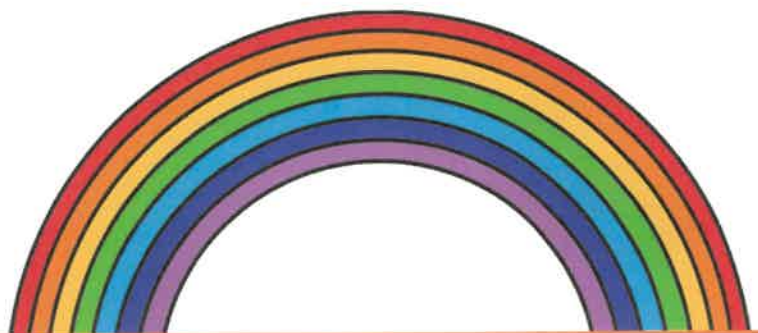


- 25 Secret challenge - make cards with ideas of things you have to get other people to do, e.g. sing a song. Everyone chooses a card in secret. Then, you have to try to get someone to do what's on your card in the course of the day, without them knowing.
- 26 Look at weather maps online and make your own weather forecast.
- 27 Grow rainbow crystals using sugar and food colouring.
- 28 Clean coins using vinegar. Place the coins into a shallow dish and cover with vinegar. After a while, empty out the vinegar and give the coins a rinse to see how much shinier they are!
- 29 Put on a show for your family. You could make up a story to tell everyone, sing your favourite songs or perform a dance.
- 30 Home dance class - look online to find a dance routine to learn or create your own routine to a favourite song.
- 31 Learn semaphore or morse code and send messages.
- 32 Make your own simple musical instrument using empty cardboard boxes and containers. For example, you could make a guitar by stretching rubber bands over an empty box.
- 33 Chromatography experiment - put felt-tip dots on a piece of kitchen roll, dip it in water and watch the colours split.
- 34 Look at a map and plan an adventure (either one you might do later or a complete fantasy round the world trip). Research the places you would like to visit.
- 35 Learn origami - look online for some simple instructions to follow to make items by folding paper.
- 36 Put seeds or the ends of things you've eaten (such as carrot tops) into water and see if you can grow them.
- 37 Create an obstacle course in the house. Who can complete it the quickest?
- 38 Memory games - objects on a tray, take one thing away. Can you tell what has changed?
- 39 Taste games - have a variety of different foods available. Close your eyes and taste them one at a time. Can you guess what the food is?
- 40 Hide pieces of a large jigsaw puzzle around the house to find and then complete.
- 41 Create a scrapbook from a recent holiday using tickets, drawings, photos and your own memories of the holiday.
- 42 Learn how to bullet journal.
- 43 Learn your favourite song in sign language.
- 44 Research and invent the world's best paper plane through trial and improvement.
- 45 Make a meal or a snack that looks like something else. (e.g. a hedgehog of cocktail sticks and cheese)
- 46 Make a helicopter using only paper and paperclips.
- 47 Compete to find the most things in your house that are... (e.g. square, blue, shiny, round, soft)
- 48 Get three jars/boxes. Write or draw random prompts on bits of paper. For example, some animals in jar one, pieces of clothing in jar two and extra items (instruments, vehicles, tools, etc.) in jar three. Each day, take a prompt from each jar and create a drawing or story which includes all three items, e.g. a cat wearing sunglasses playing a saxophone.
- 49 Write an email to a friend or family member. Maybe you could attach a drawing or photo?
- 50 Look online to find some new songs or rhymes to learn and perform together.

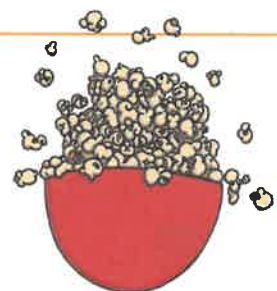
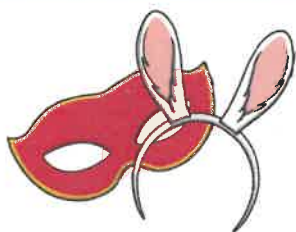




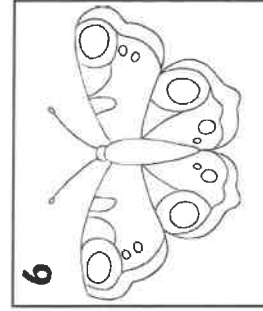
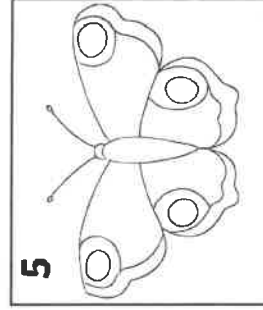
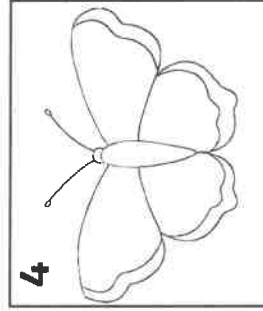
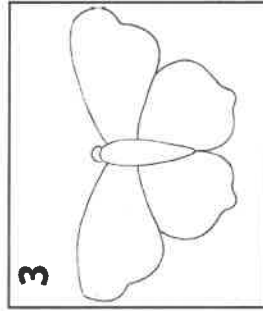
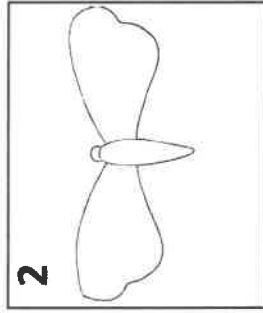
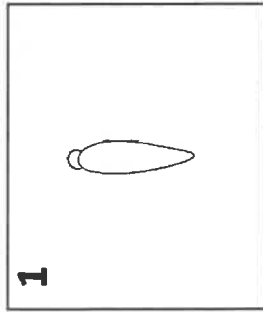
- 51 Use a phone or tablet to make short stop-motion animation of toys moving across the room.
- 52 Have a video call with a relative. You could read them a story, show them a drawing you have done or tell them about what you've been doing.
- 53 Watch a TV show or video together. As you watch it, write questions to talk about afterwards. What happened in the show?
- 54 Make invisible ink using lemon juice and a few drops of water. Write a message on paper by dipping a paintbrush in the lemon juice mixture and write a secret message. Place the message on a radiator, near a lightbulb or in the sun to reveal the hidden message.
- 55 Create an old-looking treasure map or letter by using tea or coffee to stain a piece of paper.
- 56 Make a colourful poster to hang in your window to display to people who pass by.
- 57 Explore how many times you can fold a piece of paper in half before it becomes impossible. Talk about what you find out.
- 58 Fold strips of paper to make paper caterpillars. Can you make a family of caterpillars of different lengths?
- 59 Gather a selection of colourful items from around the house. Can you arrange them to look like a giant rainbow?
- 60 Story-writing - one person starts a story, then the next person continues it and so on until the whole story is complete. This could be just a spoken story or written down. You could draw pictures to accompany your story too.
- 61 Look out the window and see what creatures you can see outside. Which creature appears the most?
- 62 Make your own playdough or salt dough and use it to make models.
- 63 Teach yourself how to juggle.
- 64 Make a time capsule. What would you put inside a box to open in one, five or ten years time?
- 65 Cut out an image from a magazine or newspaper and extend it by putting it on paper and drawing around the edges to continue the picture.
- 66 Make a flipbook or moving picture story by drawing similar pictures onto the corners of a notebook.
- 67 Pretend to be a teacher - can you teach your family something you learnt at school?
- 68 Create some wrapping paper, a pattern or a picture by dipping cut potatoes or carrots into paint and pressing them onto paper.
- 69 A visit from the queen - someone pretends to be the queen and everyone responds as if they are.
- 70 Create a racing track using sticky tape and get out your toy cars.
- 71 Use a balloon to play balloon volleyball or table tennis.
- 72 Create characters by drawing heads, legs, shoes, arms and mismatching them.
- 73 Make your own doll's house using a shoebox and paper dolls.
- 74 Make a bowling set with empty bottles and a soft ball.
- 75 Put a little washing-up liquid and water on a plate and mix in the centre. Put straws onto the plate and see who can blow the biggest bubble.



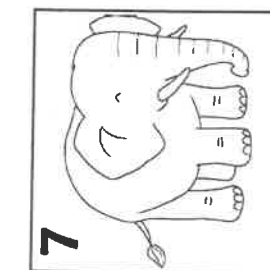
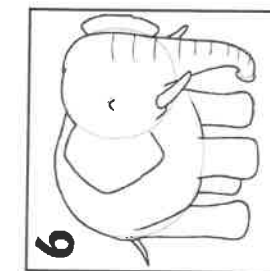
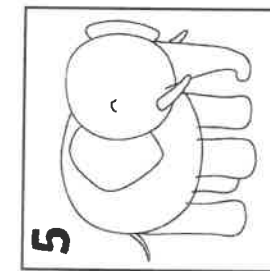
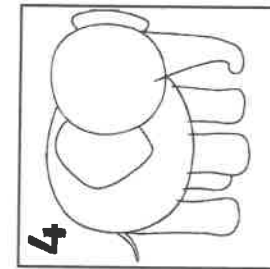
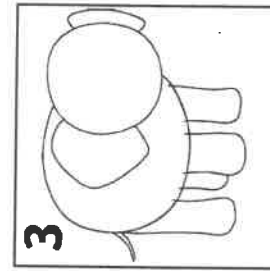
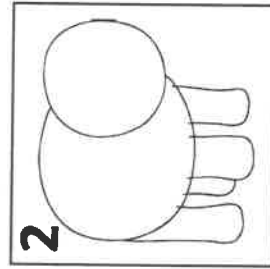
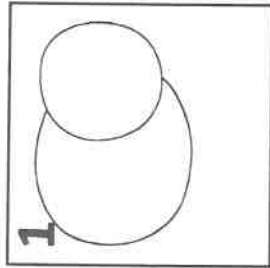
- 76 Create a touch and feel box. Put an object in a box with a hand-sized hole. Can you guess what is inside the box just by feeling it? Challenge your family to have a turn too.
- 77 Play indoor basketball using a bin and a rolled up pair of socks.
- 78 Create a family podcast.
- 79 Make up new lyrics to a familiar tune - even better if you can make it rhyme! Your song could be about your family or your favourite hobby.
- 80 Read the end of a book. Imagine the beginning and middle to make up your own story.
- 81 Make your own slime following an online recipe.
- 82 Hang several balloons from the ceiling using string. Use different colours or draw shapes onto them with a permanent marker. Call out colours or shapes and have a race to hit the hanging balloon first.
- 83 Make your own snap game of by drawing matching cards of things that interest you (monsters, card, food, etc.).
- 84 Guess who - think of a person. Give clues or let the other person ask questions to guess who it is.
- 85 Play a game of 'What does it mean?' - give your child a tricky word, e.g. an unusual animal name. Give them a brief as if they are charged with investigating - we need to find out what this word means. Can they research the animal/word in books or online? They could present their findings in pictures, writing or maybe in a PowerPoint presentation.
- 86 Guess the animal - without making any noises, act like an animal for others to identify. Can you act like an elephant, a penguin or a cat?
- 87 Make a target throwing game - provide an empty cardboard box and sponges to throw into it. Try standing further away - can you still throw the sponges into the box?
- 88 Make a writing tray from glitter or sand and practise writing letters with your fingers.
- 89 Cut different size and shape holes in a tarpaulin and label with different scores. Hang the sheet vertically and score points by throwing a sponge through the holes.
- 90 Fashion shoot - dress your family members up and take photos.
- 91 Have a cinema day at home! Make some popcorn and watch a favourite film together.
- 92 Play hide-and-seek. You could even hide a toy and say 'warmer' or 'colder' as others get near to or further away from the hidden toy.
- 93 Make a house, car or bed for a soft toy using empty packaging or building bricks.
- 94 Cut some shapes out of paper and arrange them to create pictures and patterns.
- 95 Make your own jigsaw puzzles out of old greetings cards or pictures from magazines. Cut the pictures into large pieces and put them in an envelope as a puzzle to complete.
- 96 Make a picture frame for a favourite piece of artwork. Cut the side off of a cardboard box and cut out a shape from the middle. Decorate your frame using materials of your choice.
- 97 Building brick cities - use building bricks to recreate the city/town/village that you live in.
- 98 Use an online recipe or recipe book to bake some treats for everyone.
- 99 Make some popcorn. Use straws to blow the pieces along the table. Add obstacles for popcorn Olympics!
- 100 Set up a photo booth and take selfies. Try making funny faces or make props out of paper to use in the photos.



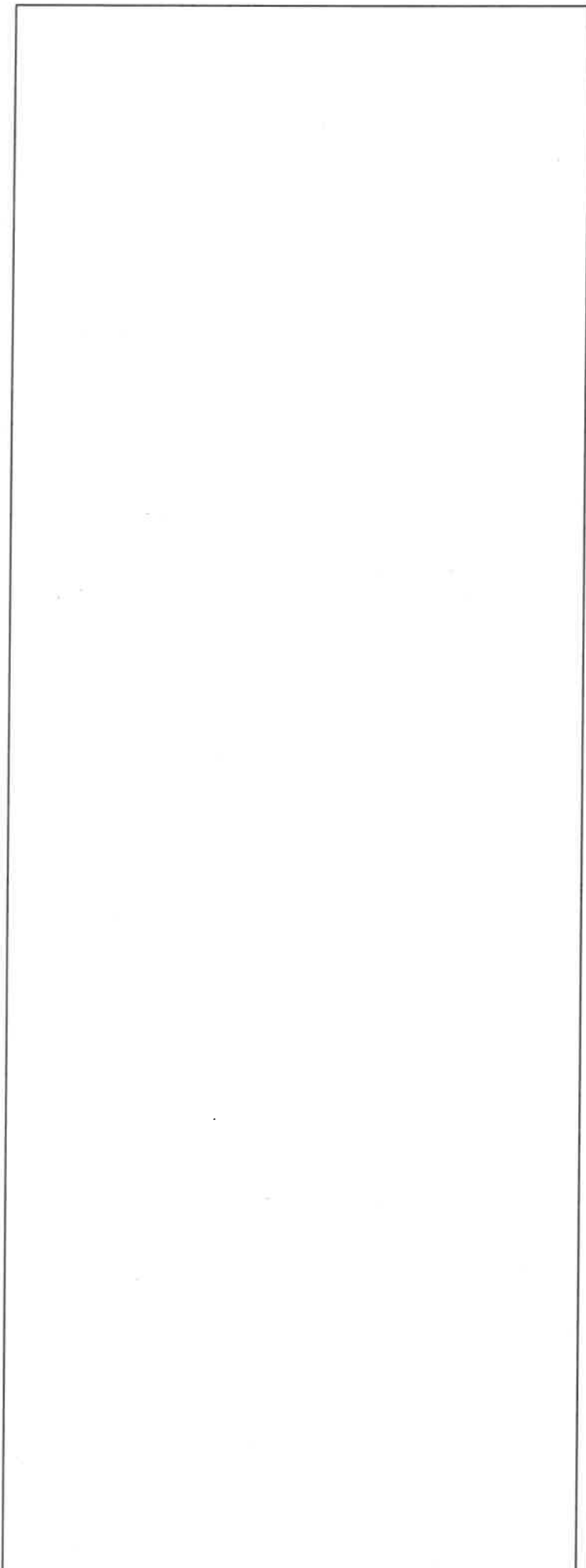
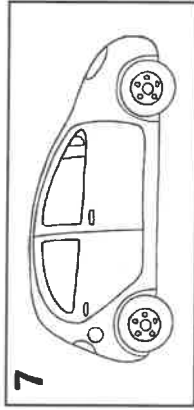
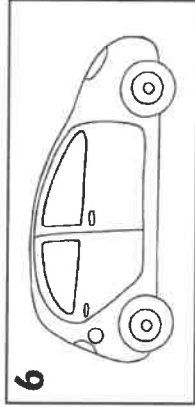
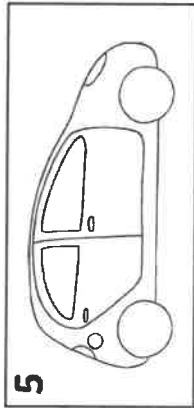
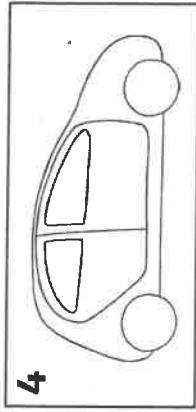
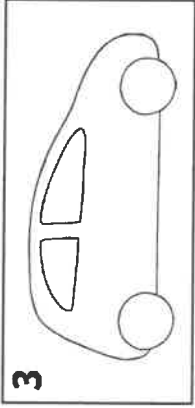
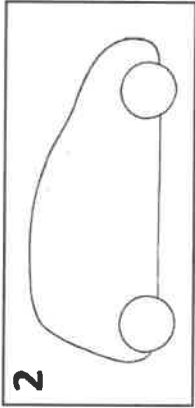
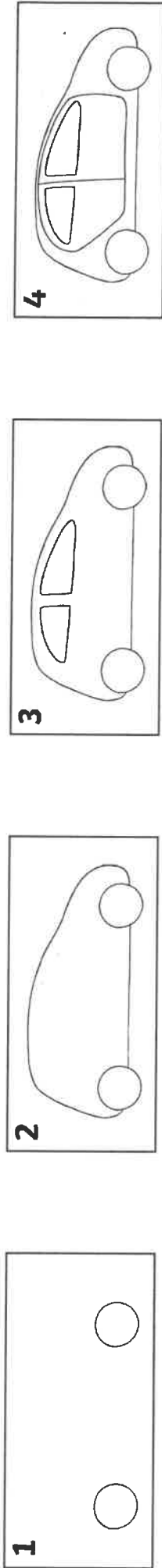
How to Draw a Butterfly



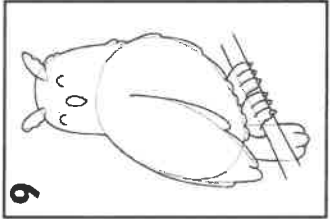
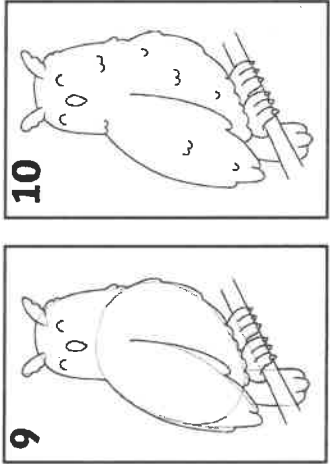
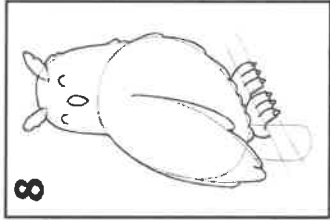
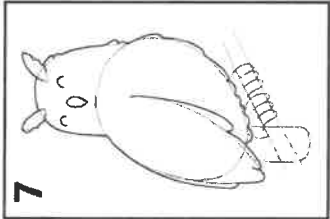
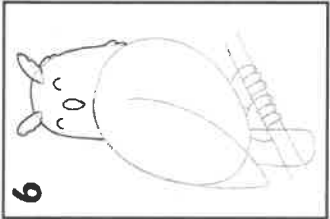
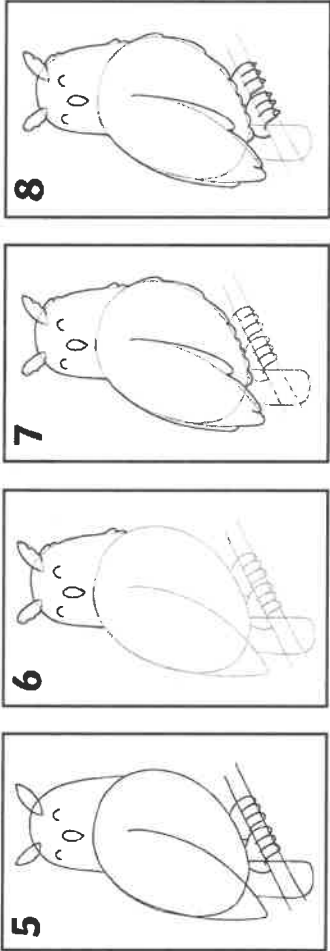
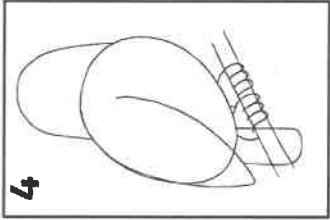
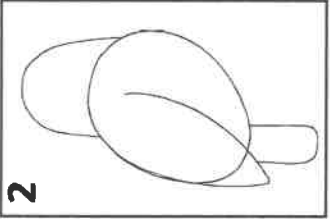
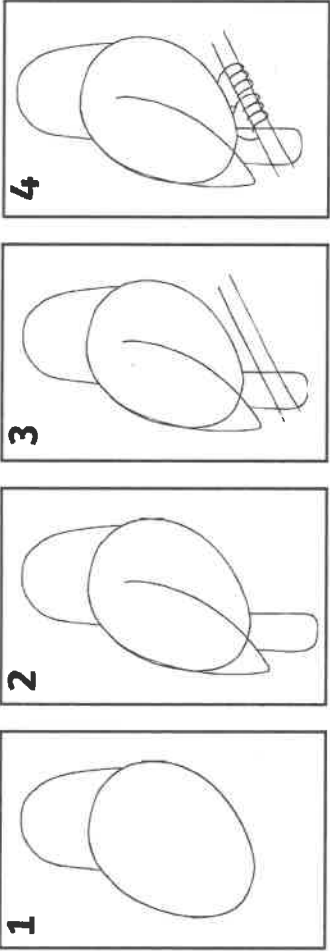
How to Draw an Elephant



How to Draw a Car



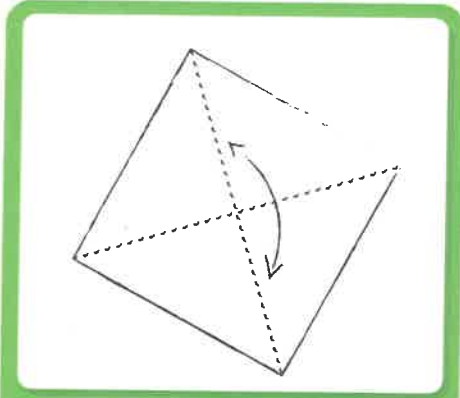
How to Draw an Owl



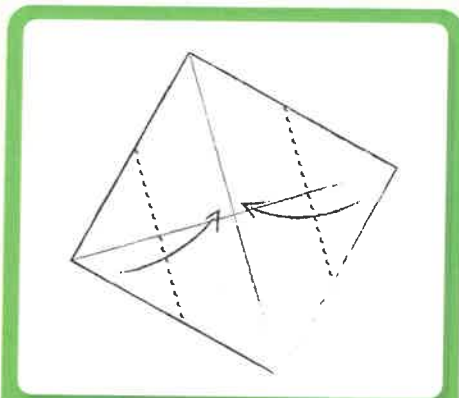
ORIGAMI

Animal Faces

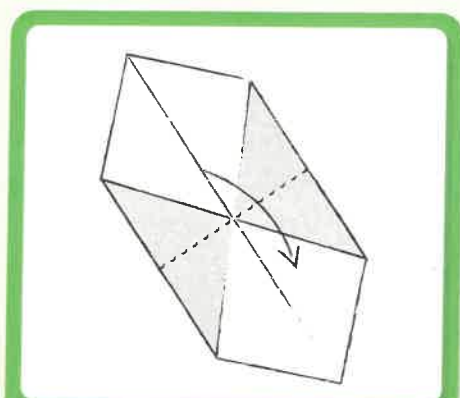
Pig



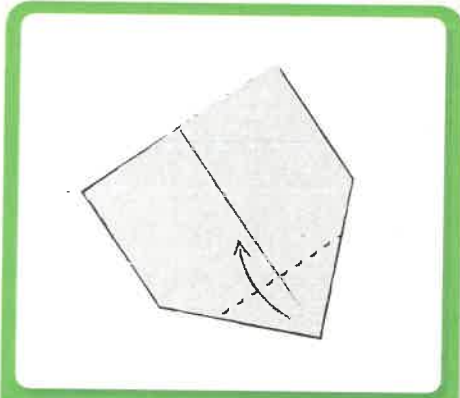
Step 1 – Fold to make creases and fold back.



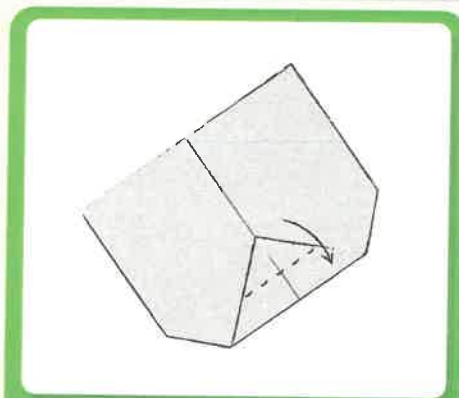
Step 2



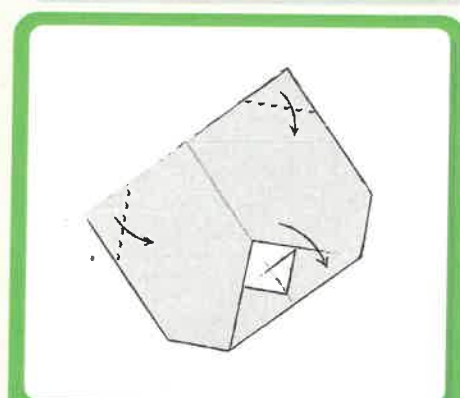
Step 3



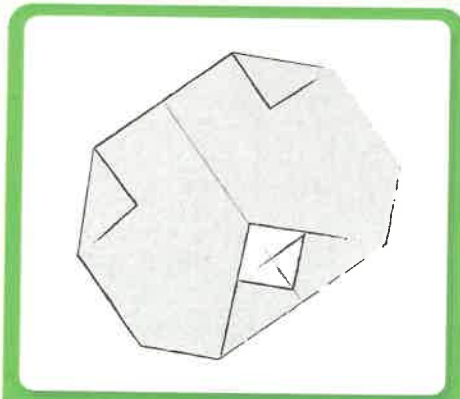
Step 4



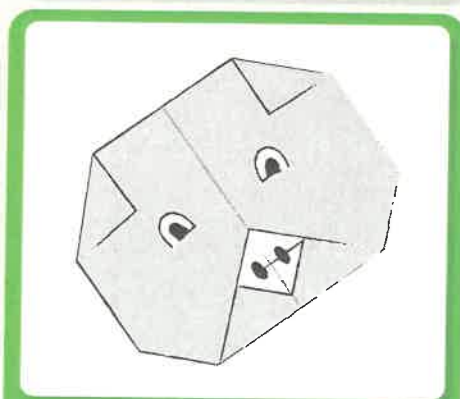
Step 5



Step 6



Step 7

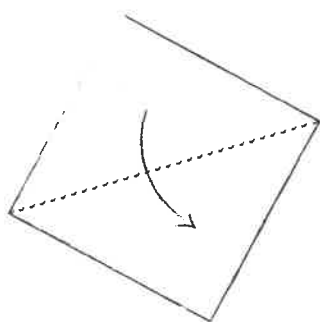


Step 8 – Add some eyes and a nose.

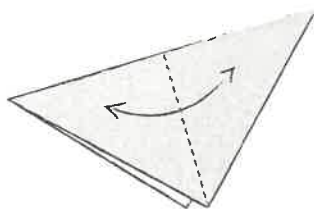
ORIGAMI

Animal Faces

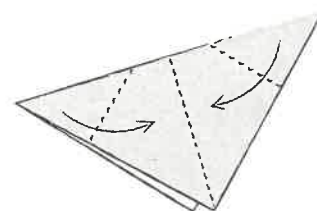
Dog



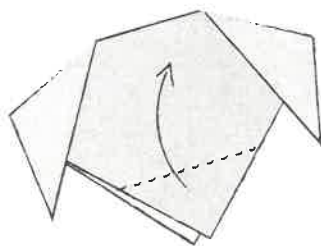
Step 1



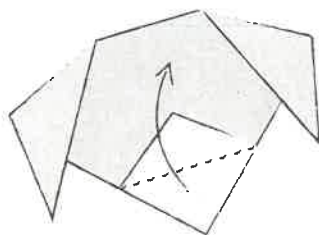
Step 2 – Fold to make a crease and fold back.



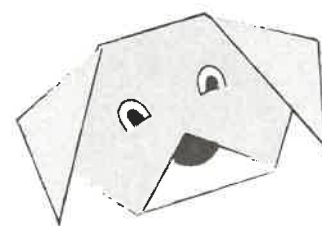
Step 3



Step 4



Step 5

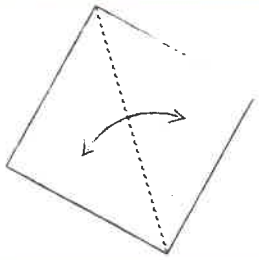


Step 6 – Add some eyes and a nose.

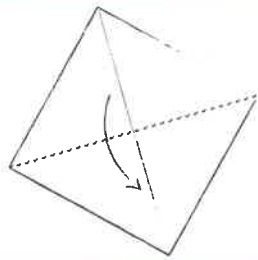
ORIGAMI

Animal Faces

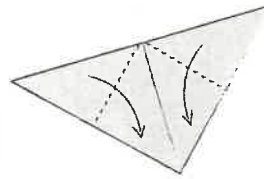
Koala



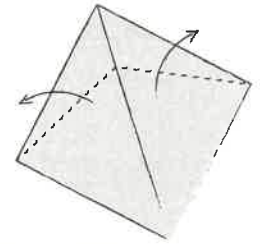
Step 1 – Fold to make a crease only.



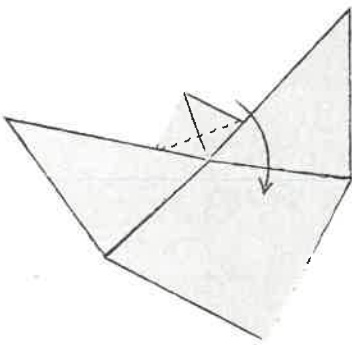
Step 2



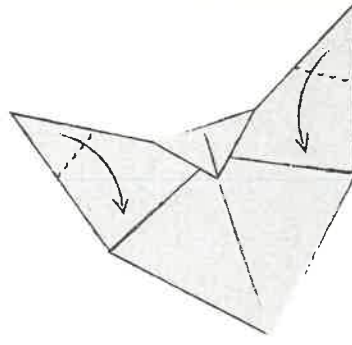
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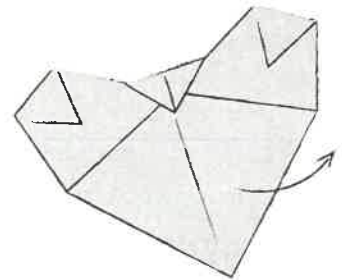
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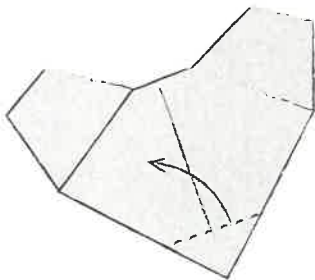
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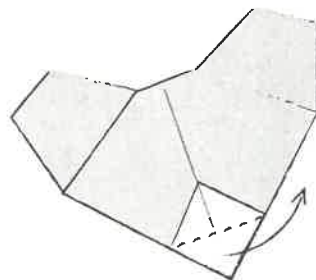
Step 6



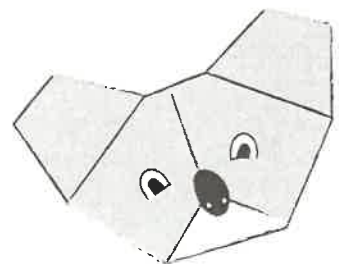
Step 7 – Turn the koala's face over.



Step 8



Step 9



Step 10 – Add some eyes and a nose.

ROLL TO CREATE



A GINGERBREAD HOUSE

Instructions:

1. Roll the dice. Find the row that matches the number rolled on the chart.
2. See which part of the gingerbread house is in the '1st Roll' column. Draw it onto a blank piece of paper.
3. Roll the dice again. Repeat the process from your previous turn, this time looking in the '2nd Roll' column. Add the new feature to your gingerbread house.
4. Continue the process until you have rolled the dice five times and added five features to your gingerbread house.
5. Decorate your house and give your drawing a sweet title!

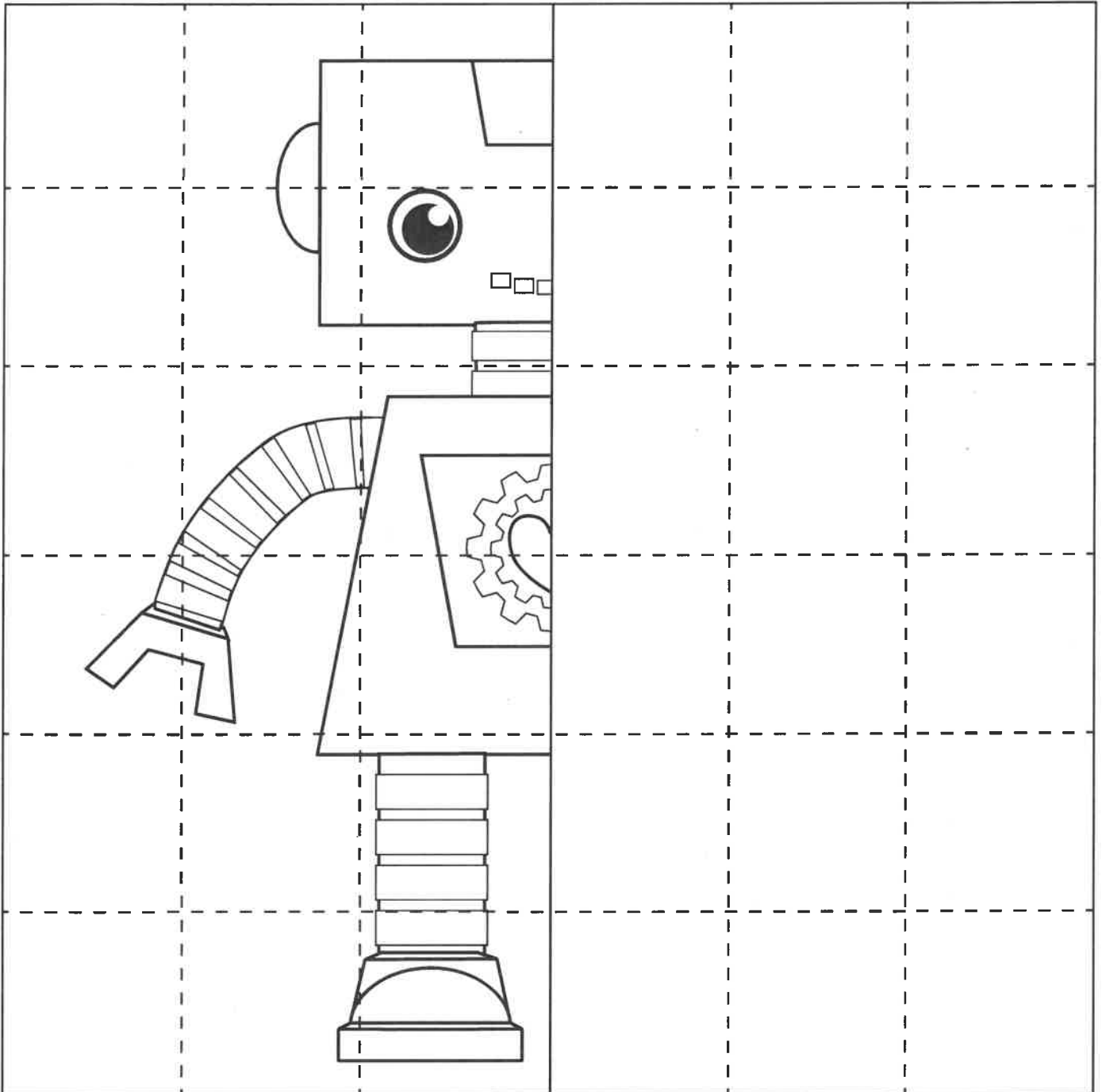
	1st Roll	2nd Roll	3rd Roll	4th Roll	5th Roll	6th Roll
	HOUSE	ROOF	DOOR	WINDOWS	HOUSE EXTRAS	YARD EXTRAS
					 PEPPERMINT WHEELS	 CUPCAKES
					 WREATH	 TREES
					 PRETZELS	 GINGERBREAD MEN
					 GUM DROPS	 CANDYCANES
					 CANDY	 SNOWMAN
					 HOLLY	 LOLLIPOPS

Name: _____

Date: _____

Symmetry Drawing - Robot

Use the grid to draw the other side of the robot. Colour it in when you have finished.

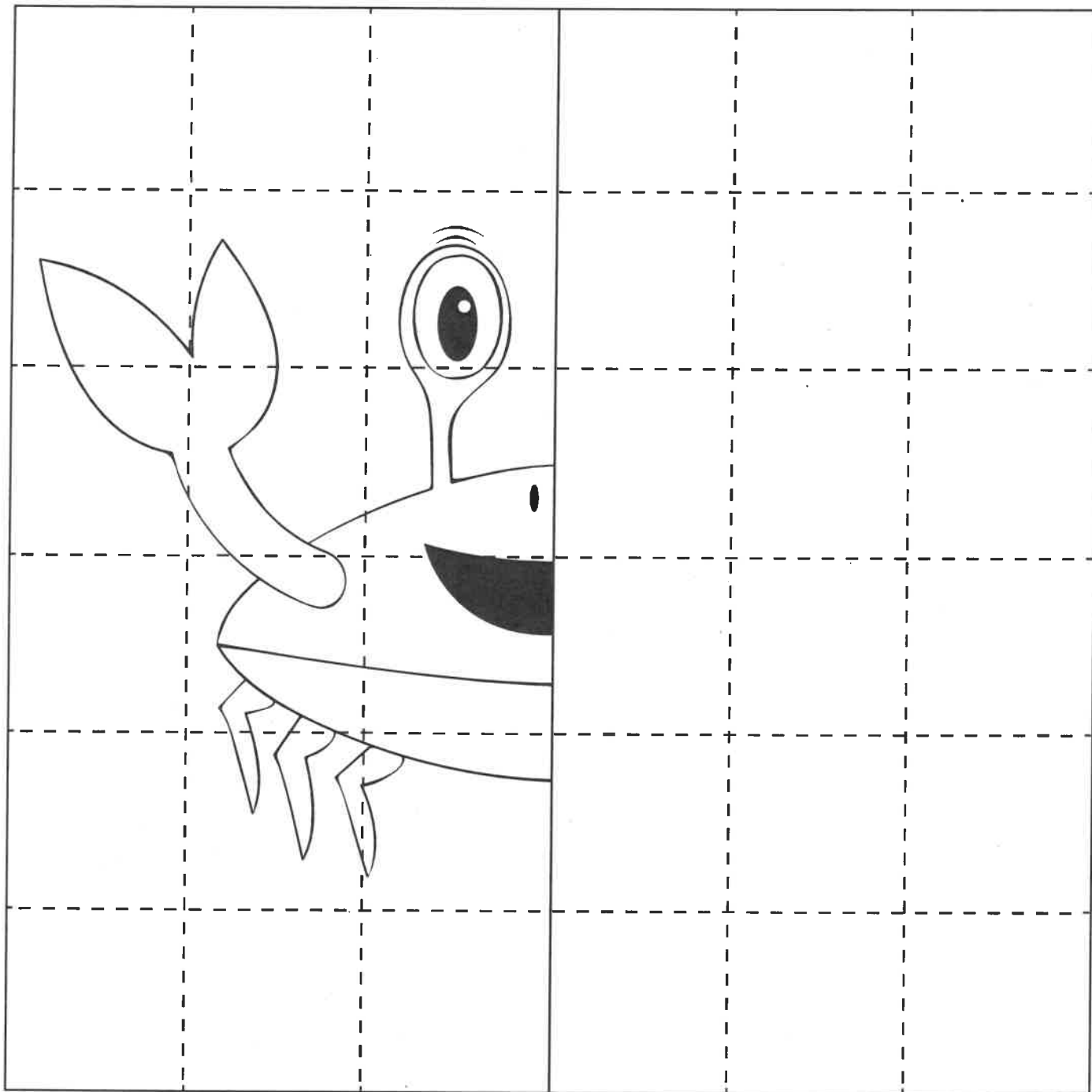


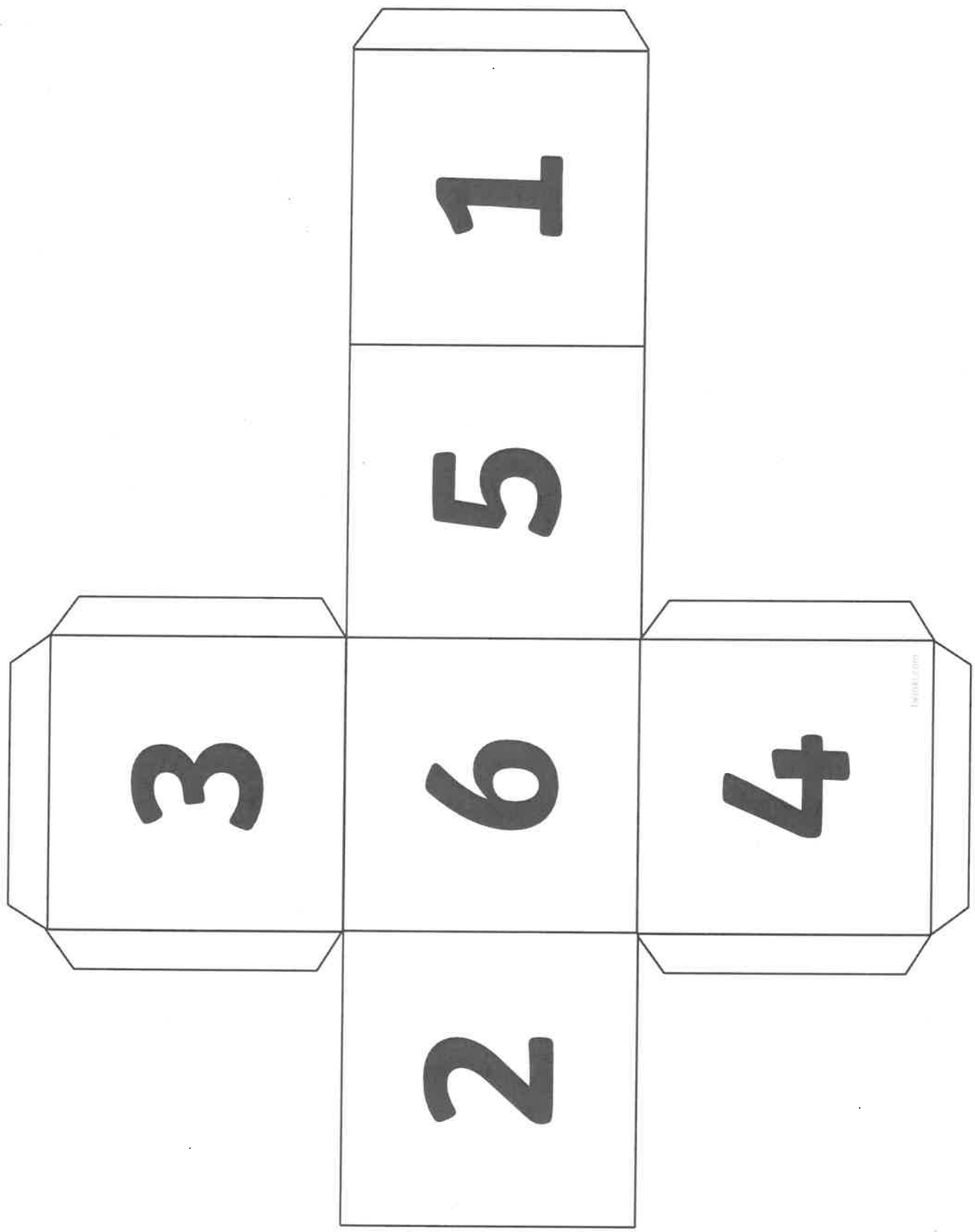
Name: _____

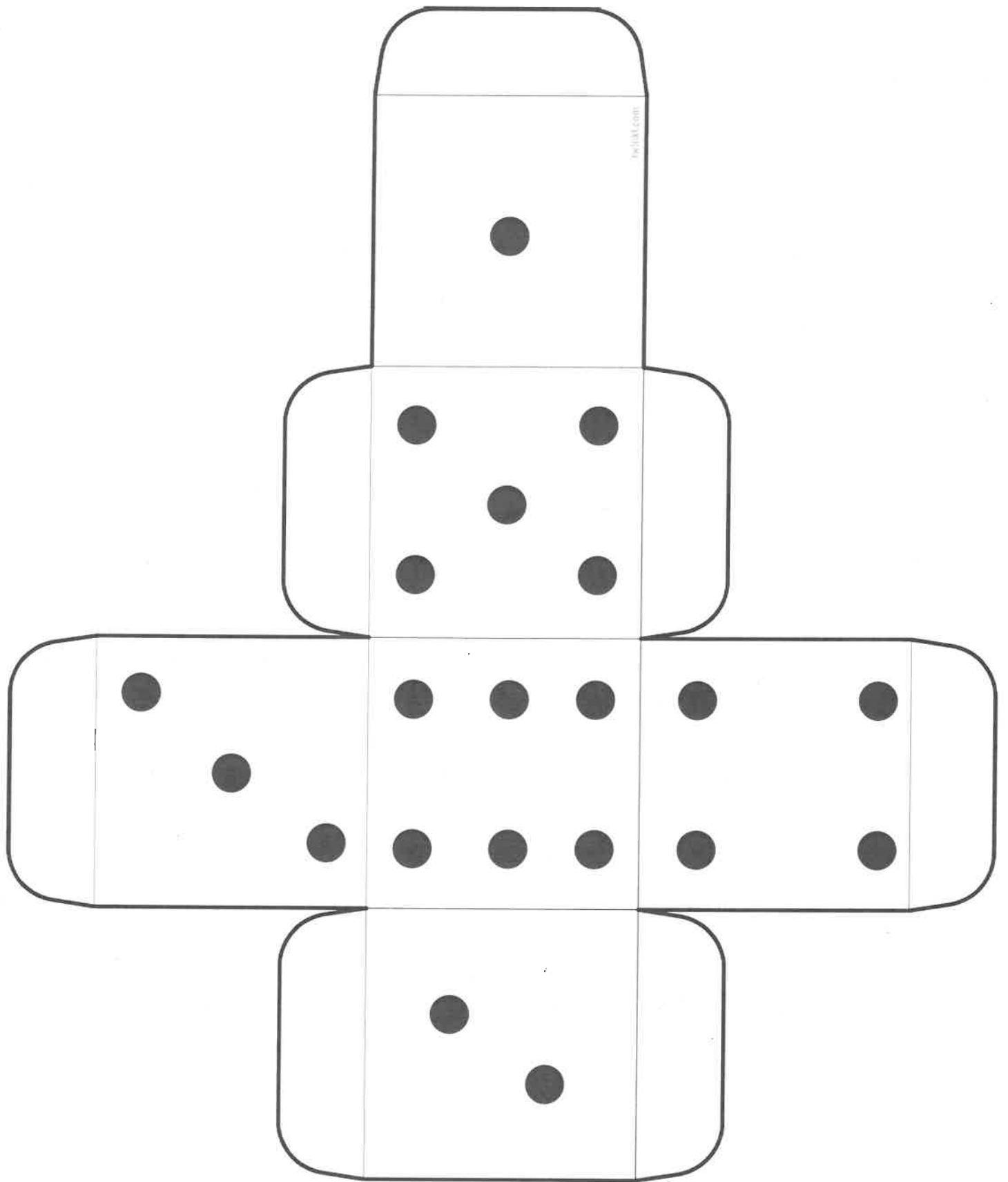
Date: _____

Symmetry Drawing - Crab

Use the grid to draw the other side of the crab. Colour it in when you have finished.







ROLL TO CREATE



A GINGERBREAD HOUSE

Instructions:

1. Roll the dice. Find the row that matches the number rolled on the chart.
2. See which part of the gingerbread house is in the '1st Roll' column. Draw it onto a blank piece of paper.
3. Roll the dice again. Repeat the process from your previous turn, this time looking in the '2nd Roll' column. Add the new feature to your gingerbread house.
4. Continue the process until you have rolled the dice five times and added five features to your gingerbread house.
5. Decorate your house and give your drawing a sweet title!

	1st Roll	2nd Roll	3rd Roll	4th Roll	5th Roll	6th Roll
	HOUSE	ROOF	DOOR	WINDOWS	HOUSE EXTRAS	YARD EXTRAS
					 PEPPERMINT WHEELS	 CUPCAKES
					 WREATH	 TREES
					 PRETZELS	 GINGERBREAD MEN
					 GUM DROPS	 CANDYCANES
					 CANDY	 SNOWMAN
					 HOLLY	 LOLLIPOPS



Nature Scavenger Hunt

Remember to get permission if you go out on your own, and take a drink bottle, sunscreen, and a hat!

Head outside and see if you can tick off all of the things on the list, some you can collect and others you need to observe or listen for

FIND

- A flat stone
- A round leaf
- A feather
- A Y-Shaped Stick
- Some seeds
- A pine cone
- A weed



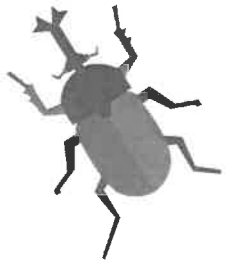
TOUCH

- Something spiky
- Something smooth
- Something cold
- Something warm
- Something slippery



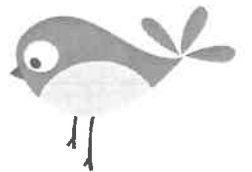
SEE

- A hiding place for an insect or creature
- A place where ants live
- A bird's nest
- Some berries on a tree
- An insect
- A Spiders web



HEAR

- Something far away
- Something quiet
- Something loud
- Something man made
- A bird



SMELL

- Something pretty
- Something fruity



When you go outside and play in Australian National Parks and Nature Reserves there is lots of life out there living and playing and working away in nature too - and they are doing it in their homes and backyards so you have to be mindful of HOW you play in Nature.

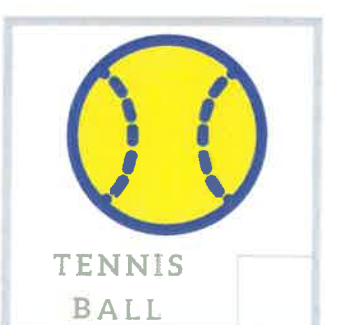
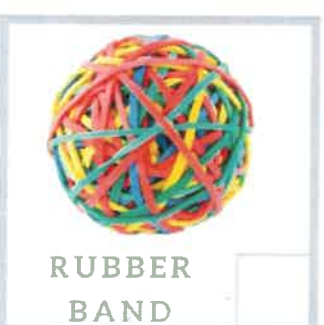
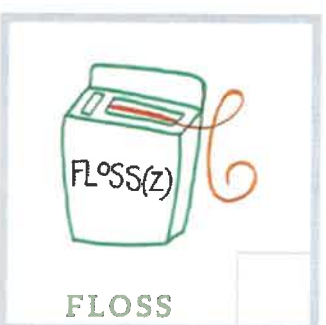
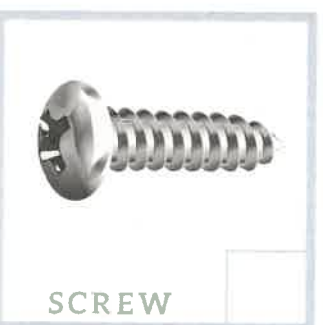
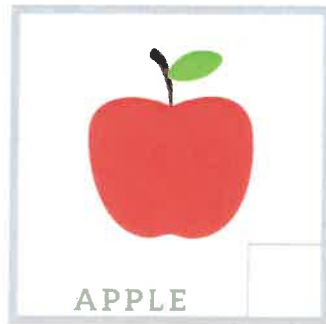
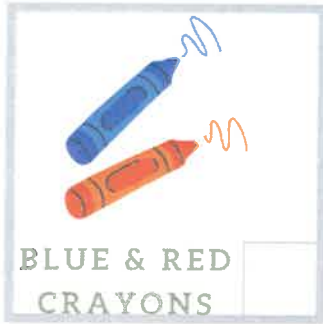


ACT
Government

Check out
www.natureplaycbr.org.au
for more outdoor activities
and age appropriate lists

Indoor Scavenger Hunt

• CAN YOU FIND THEM ALL? •



Indoor Scavenger Hunt

• CAN YOU FIND THEM ALL? •

