

ZONES Scenarios

Your parent tells you that someone close to you passed away.	You turn on the TV and find out a war has broken out.	You experience a natural disaster (large earthquake, tornado, flood, hurricane).
You break your leg in P.E. class.	You are playing a competitive game.	You found out that you won the lottery.
You are playing tag on the playground with friends.	You are participating in the class discussion.	You are listening to a teacher give instructions.
You just woke up in the morning.	You are home with nothing to do.	You can't find your assignment you worked hard on.

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You are working with a partner on a science project.	You are playing/hanging out with a friend at the friend's house.	You didn't do well on a test.
You were told that the plans need to change.	You are asked to stop or put away something that you enjoy doing.	You have been waiting for more than 30 minutes at the doctor's office.
You are sitting with your family at the dinner table.	Your pet is missing.	You got the flu.
You just ran a mile as fast as you could.		