Dear Students & Families,

Everyone is in the Olympic Games spirit this week celebrating the games in Rio. It has been great to see classes across the school using the Olympic Games as a learning tool with classes participating in many cross curricular activities. Many activities have included measuring, recording, writing letters to Olympians, researching about countries, listening to National Anthems and trying different Olympic Sports.

We will be holding an Olympic Day on Thursday 25th of August. Each class will be representing a different country with a format running similar to the 100 Days of School earlier this term. Our Olympic Day will be starting at 9:20am to 12:00pm and families are welcome to come along and join in on the fun, it should be a great day.

PLEASE SLOW DOWN: Our school is a 5km zone so if you are picking up, dropping off or popping in for a meeting can families please ensure that they are obeying this 5km speed limit. Everyone’s safety is our number one priority, so please help us in keeping everyone safe on our school roads.

Room 14 & 15 are heading off to Allambee Camp this Wednesday to Friday. Everyone attending is looking forward to what I am sure will be a fantastic camp. There will be NO CANTEEN running this week due to this camp running so please make other arrangements for your child’s lunch this Friday.

If you have not yet been to Warragul Arts Centre to buy concert tickets for this year’s concert then please head on down as they are now on sale. Our concert will be held on Wednesday 14th of September starting at 6:30pm. Students will need to arrive before this time and further information will be provided by your child’s classroom teacher closer to the time.

Alesha
Junior Students of the Week - Room 3
Active engagement at the parasteddfod & for having a great week in general!

Middle Student of the Week - Lee
Excellent participation when at the Parasteddfod

Senior Student of the Week - David
Engagement in sport

Reading Awards - Keith & Catherine
100 nights of reading

Sport Award - Brayden
Good participation in sports

Sport Award - James
Swimming 5 continuous laps

Raffle Ticket Winner - Grant
Awesome Olympic Project

Don't forget:
No canteen this week
Room 18 have been getting into the Olympic spirit over the past 2 weeks and having lots of fun along the way.

We began a ROAD TO RIO CHALLENGE where we are graphing our exercise on the treadmill, walking the Geoff Watt track and swimming laps.

How far did we go...?

Keith - 11.6km, Grant - 11.4km, Catherine - 5km, Paige - 2km
Jaime - 8.6km, Noah - 5km, Bella - 7.5km, Malachy - 2km

Students have completed some great work in their OLYMPIC PROJECT book. Here are some interesting facts that the students have learnt about........

Keith - Kyle Chalmers won gold for Australia and he's only 18 years old!
Grant - Usain Bolt is the fastest and the tallest runner.
Malachy - Michael Phelps is a swimmer.
Catherine - Australia has 6 Gold, 7 Silver and 9 Bronze so far
Paige - Michael Phelps has won 28 Olympic medals!!
Jaime - Michael Phelps is 31 years old and his country is USA

Room 4 have also joined Room 18 each Wednesday in completing Olympic activities. It has been wonderful seeing the older students help out the younger ones with their work!
A couple of photos from the vision screening conducted by OneSight. Our Students were amazing with all of the different procedures required and handled them brilliantly!

School Concert Tickets are selling fast! Get yours now to avoid disappointment... available from the West Gippsland Arts Centre:

In person from the Box Office

or

By phoning the Box Office: 5624 2456

or

Online at: www.wgac.com.au

SUPERMARKET TOUR:
Would you like to learn more about how to afford healthy food on a budget?

This tour explodes the myth that healthy foods are expensive. Prepare to be amazed! Learn how to read labels and make good choices for your family while saving $$$.

This tour takes about an hour and can be run in Warragul or Drouin or other towns on request at a time that suits you.

RSVP: For more information call Angela Greenall on 5624 3500 or email angela.greenall@wghc.com.au

This training will be undertaken by West Gippsland Health Promotion Team and their Community Volunteers.
Our bakers in Room 5 have been having a great time in their cooking program! They are learning to make pies and will be making different flavours (both savoury & sweet) over the coming weeks.

Thanks to Angela Greenall from West Gippsland Healthcare Group for this yummy recipe!

**Lunch box ideas: Fritter Faces**
Makes 10

**Ingredients:**
- 4 medium zucchini, grated
- 2/3 cup self-raising flour
- 2 eggs, lightly beaten
- 1 1/2 tablespoons roughly chopped fresh basil leaves
- 250gm reduced-fat fresh ricotta cheese, crumbled
- 2 tablespoons vegetable oil
- 1 small carrot, peeled and grated
- 1 tablespoon frozen corn kernels
- 1 small capsicum, halved lengthways, sliced

**Method:**
1. Squeeze excess liquid from zucchini. Combine zucchini, flour, egg and basil in a bowl. Add ricotta. Mix until just combined (mixture will appear quite lumpy).
2. Heat oil in a non-stick frying pan over medium heat. Spoon 1/4 cup batter into pan, spreading slightly with a spatula. Repeat to make 3 rounds. Press carrot into batter to resemble hair, corn for eyes and capsicum for a smile. Cook for 2-3 minutes until browned underneath and top just set. Turn. Cook for 1-2 minutes or until fritters are cooked through. Transfer to a plate lined with paper towel. Cool. Repeat with remaining batter, carrot, corn and capsicum. Cooked fritters can be frozen for up to 2 months.

Prepared by West Gippsland Healthcare Group – Health Promotion Team 58343500
Latrobe Community Health Service have advised that there are still quite a high percentage of parents who are not utilising this fantastic service and Latrobe Community Health Service has the ability to see children who are eligible.

Baw Baw Parent Support Group
(for parents / carers of children with autism or special needs)

Would you like to be involved?
Would you like to meet for a coffee & catch up with other parents who have children with disabilities or developmental delay?
Would you be interested in hearing guest speakers or attend training on things of interest in your world like learning more about the National Disability Insurance Scheme?

Where: Trafalgar Primary School Gym, School Road

Date & Time: Thursday August 29th & October 24th – from 7:00pm

Contact Yvonne yvonne.waite@noahsarkinc.org.au
or 1800 010 453
or have a chat with Jenni on 0413 001 447